



Republic of the Philippines
Department of Education
Region V (Bicol)
DIVISION OF CATANDUANES
Virac, Catanduanes



August 19, 2014

DIVISION MEMORANDUM

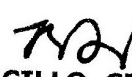
No. 64 s, 2014

**2-DAY DIVISION LIVE-OUT SEMINAR ON COACHING AND
TRAINING IN VARIOUS SPORTS DISCIPLINE**

**TO: Public Schools District Supervisors
Elementary and Secondary School Principals
District and Secondary PESS Coordinators
Coaches and Trainers**

RELEASED
DepEd-Division Office of Catanduanes
RECORDS SECTION
Date AUG 20 2014
Time 3:20 P.M.
By [Signature]

1. A **2-day Division Live-out Seminar on Coaching and Training in Various Sports Discipline** will be held on **August 30-31, 2014** at the Catanduanes Sports Complex.
2. The objectives of this seminar are the following:
 - a. Upgrade the coaching and training capabilities of coaches in their respective sports discipline.
 - b. Enhance the coaching and motivational skills through effective coaching strategies that will strengthen the unity, solidarity and teamwork of the athletes.
 - c. Inculcate among the coaches and trainers the genuine love for sports.
 - d. Equip coaches with the appropriate knowledge, skills and attitude in coaching, training and actual competition.
3. The maximum allowable number of participants by sports discipline by District and Secondary Schools as well as Working Committees and Schedule of Activities are found in the enclosure of this memorandum.
4. The list of participants following the attached format shall be submitted by the respective District/ Secondary School PESS Coordinator approved by the District Supervisor or the Secondary School Principals. Said list shall be submitted to Mr. Miguel C. Ogalinola, EPS- I (PESS) on or before **August 28, 2014**.
5. Facilitators/ Lecturers to this Division Live-out Seminar are those who attended and facilitators of the Phase I and II Regional live-out Seminar on Coaching and Training held at Daet, Camarines Norte. Submit your training materials and hard copy of your topic on or before **August 26, 2014** for reproduction.
6. No Registration shall be charged. However travel and other related expenses shall be charged to school MOOE subject to the usual accounting and auditing rules and regulations.


JOSE L. DONCILLO, CESO VI
Schools Division Superintendent

Ref: Regional Memo No. 68, s. 2014

RELEASED
 DepEd - Division Office of Cagayan de Oro
RECORDS SECTION
AUG 20 2014
 Date: 3:20 P.M.
 Time:
 By:

**MAXIMUM ALLOWABLE NUMBER OF COACHES
 BY SPORTS DISCIPLINE BY DISTRICT/ SECONDARY SCHOOL**

SPORTS DISCIPLINE		MAXIMUM ALLOWABLE NUMBER OF COACHES		TOTAL
		DISTRICT	SECONDARY SCHOOL	
ATHLETICS	RUNS	1 Coach per District	1 Coach per Secondary School	
	JUMPS	1 Coach per District	1 Coach per Secondary School	
	THROWS	1 Coach per District	1 Coach per Secondary School	
ARNIS	FULL CONTACT	1 Coach per District	1 Coach per Secondary School	
	LIKHA	1 Coach per District	1 Coach per Secondary School	
BADMINTON		1 Coach per District	1 Coach per Secondary School	
BOXING		1 Coach per District	1 Coach per Secondary School	
CHESS		1 Coach per District	1 Coach per Secondary School	
		1 Coach per District	1 Coach per Secondary School	
GYMNASTICS	MAG	1 Coach per District	1 Coach per Secondary School	
	WAG	1 Coach per District	1 Coach per Secondary School	
	RG	1 Coach per District	1 Coach per Secondary School	
		1 Coach per District	1 Coach per Secondary School	
TABLE TENNIS		1 Coach per District	1 Coach per Secondary School	
TAEKWANDO		1 Coach per District	1 Coach per Secondary School	
SUBTOTAL				
ARCHERY		1 Coach per District	1 Coach per Secondary School	
SWIMMING		1 Coach per District	1 Coach per Secondary School	
TENNIS		1 Coach per District	1 Coach per Secondary School	
DEMOSPORTS	BILLIARD	1 Coach per District	1 Coach per Secondary School	
	FUTSAL	1 Coach per District	1 Coach per Secondary School	
	WUSHU	1 Coach per District	1 Coach per Secondary School	
	WRESTLING	1 Coach per District	1 Coach per Secondary School	
BASEBALL		1 Coach per District	1 Coach per Secondary School	
BASKETBALL		1 Coach per District	1 Coach per Secondary School	
FOOTBALL		1 Coach per District	1 Coach per Secondary School	
SEPAK JR/ TAKRAW		1 Coach per District	1 Coach per Secondary School	
SOFTBALL		1 Coach per District	1 Coach per Secondary School	
VOLLEYBALL		1 Coach per District	1 Coach per Secondary School	
SUBTOTAL				
GRAND TOTAL				

LIST OF RECOMMENDED COACHES-PARTICIPANTS BY SPORTS DISCIPLINE

Date AUG 20 2014
 Time 3:20 p.m.
 By [Signature]

SECONDARY: _____

EVENT		NAME
ATHLETICS	RUNS	
	JUMPS	
	THROWS	
ARNIS	FULL CONTACT	
	LIKHA	
BADMINTON		
BOXING		
CHESS		
GYMNASTICS	MAG	
	WAG	
	RG	
TABLE TENNIS		
TAEKWANDO		
		NAME
ARCHERY		
SWIMMING		
TENNIS		
DEMOSPORTS	BILLIARD	
	FUTSAL	
	WUSHU	
	WRESTLING	
BASEBALL		
BASKETBALL		
FOOTBALL		
SEPAK JR/ TAKRAW		
SOFTBALL		
VOLLEYBALL		

Recommended by:

 PESS School Coordinator

Approved by:

 Principal