



Republic of the Philippines  
**Department of Education**

Region V – Bicol

**SCHOOLS DIVISION OFFICE OF CATANDUANES**

**UNNUMBERED MEMORANDUM:**

OASDS-02-13-2023/AMBA

TO : **All Secondary School Heads**

FROM :   
**SUSAN S. COLLANO**  
Schools Division Superintendent

SUBJECT : **ABACA EAGLES CLUB MENTAL HEALTH SYMPOSIUM**

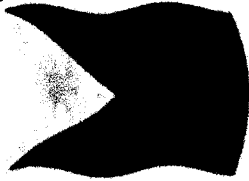
DATE : February 13, 2023

1. This office endorses the letter of the Fraternal Order of Eagles – Philippine Eagles for the conduct of Mental Health Symposium to grade 10 to grade 12 students in Catanduanes in response to the alarming case of suicide and depression in our province.
2. For further inquires, you may contact the number 0929-109-2780 or [cdmarasigan90@yahoo.com](mailto:cdmarasigan90@yahoo.com) and look for Eagle Christopher D. Marasigan.
3. For information, guidance, and dissemination.

AMBA/UM – ABACA EAGLES CLUB MENTAL HEALTH SYMPOSIUM  
0005/February 10, 2023



San Roque, Virac, Catanduanes  
052 – 8114063  
[catanduanes@deped.gov.ph](mailto:catanduanes@deped.gov.ph)

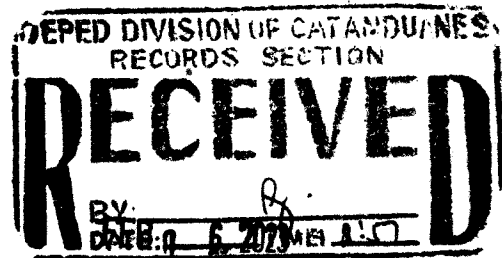


**THE FRATERNAL ORDER OF *EAGLES*-PHILIPPINE *EAGLES***  
**First Philippine-Born Fraternal Socio-Civic Organization**  
*Service Through Strong Brotherhood*  
SEC Reg No. CN201721277  
Est. 1979



February 6, 2023

**DR. SUSAN S. COLLANO**  
Schools Division Superintendent  
Schools Division Office of Catanduanes  
Virac, Catanduanes



Dear Dr. Collano:

Greetings!

The ABACA EAGLES CLUB of Catanduanes along with Hon. Jan Ferdinand Alberto, Provincial Board Member, are planning to conduct a Mental Health Symposium to grade 10 to grade 12 students in Catanduanes in response to the alarming case of suicide and depression in our province. The speakers/lecturers on the said proposed activity will include Dr. Robert John S. Aquino, Dr. Gibson Gabitan, selected Values Formation Teachers, Priests and Pastors and Hon. Alberto himself. The activity will have 30 minutes lecture and 30 minutes group activity or sharing. It aims to promote awareness about mental health and provide students with valuable information on how they can take care of their well-being.

Further, the group is also proposing a Mental Health Orientation to teachers in the Division of Catanduanes. In connection with these two proposals, we would like to request for a meeting to discuss the matter and the possibility of conducting these activities to the schools in our province at your most convenient time.

You can contact us through this mobile number 0929-109-2780 or [cdmarasigan90@yahoo.com](mailto:cdmarasigan90@yahoo.com) and look for *Eagle* Christopher D. Marasigan.

We are hoping that this request will merit a favorable response from your end.

Thank you very much.

Very truly yours,

***Eagle* Christopher D. Marasigan**  
President – ABACA *Eagles* Club