



Republic of the Philippines  
Department of Education  
Region V (Bicol)  
**DIVISION OF CATANDUANES**  
Virac, Catanduanes



**Memorandum**

TO : Chief CID & SGOD  
Public Schools District Supervisors  
Elementary and Secondary School Heads

FROM : *[Signature]*  
SOCORRO V. DELA ROSA, CESO V  
Schools Division Superintendent

SUBJECT : SUBMISSION OF 2019 NUTRITION MONTH CELEBRATION  
REPORT

DATE : July 02, 2019

1. The National Nutrition Council will celebrate its 45<sup>th</sup> Foundation Anniversary and Nutrition Month this July with the theme, **“Kumain nang wasto at maging aktibo...push natin to!”** The 2019 Nutrition Month theme is a call to action for Filipinos to practice healthy diet and engage in regular physical activity and reduce sedentary behaviors.
2. In support to the annual health campaign every July, the DepEd enjoin all schools to participate in this celebration by undertaking meaningful activities which will highlight the importance of healthy diet and physical activity.
3. All Elementary and Secondary schools are directed to submit a consolidated narrative report with pictorials on the highlights of the observance of Nutrition Month at the SDO, Health & Nutrition Section on or **before August 5, 2019**.
4. For information, dissemination and strict compliance of all concerned is hereby enjoined.