

Wellness

CAMPUS

MODULE 2 GLOW FOODS



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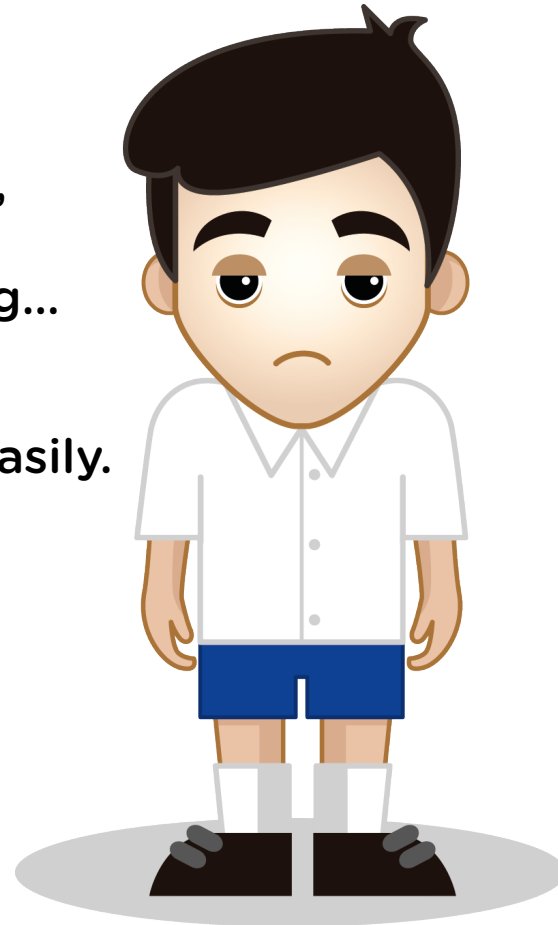
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- We may catch colds and cough easily.



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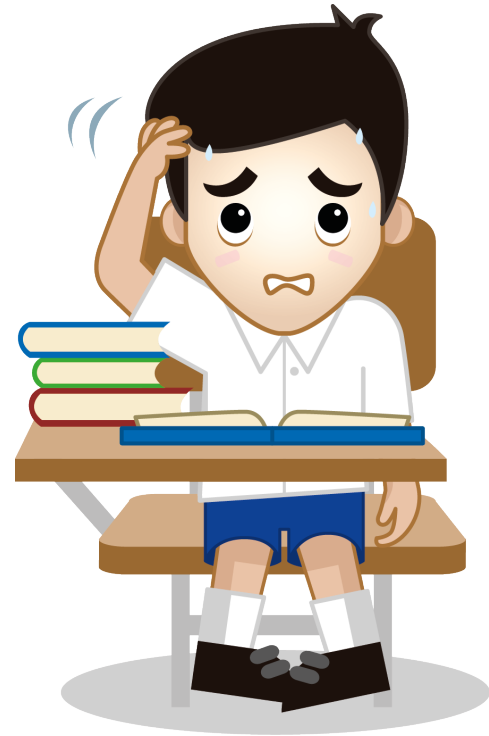
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- Our skin and nails may look pale.



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- We may catch colds and cough easily.
- Our skin and nails may look pale.
- We might have trouble concentrating in school.



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- We might have trouble concentrating in school.
- We might have trouble moving our bowels.



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- We may get tired easily.
- We may catch colds and cough easily.
- Our skin and nails may look pale.
- We might have trouble concentrating in school.
- We might have trouble moving our bowels.
- We might have poor eyesight.

