

Wellness

CAMPUS



MY GROW PALS



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Lorenzo wants to be a basketball player.

He is good at shooting the basketball into the basket, but Lorenzo needs to be bigger and stronger to play on the team.

What should Lorenzo eat so that he can grow big and strong?"



MY GROW PALS

Amanda loves to ride her bike.

One day, while she was riding her bike, she fell and scraped her knee. Amanda cried because it was a big wound.

Amanda's mom cleaned her wound and placed a bandage so that it will heal. Because Amanda eats Grow foods everyday, her wound healed fast.

