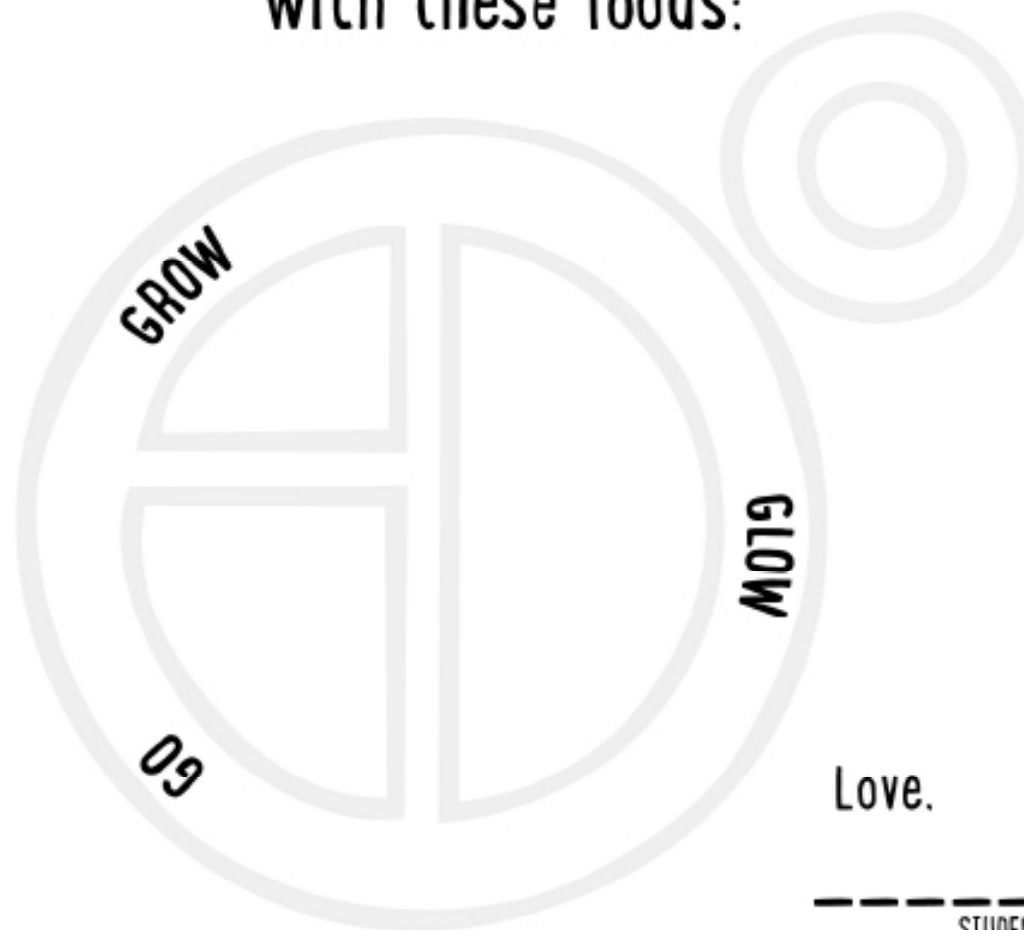


Name: _____ Section: _____

Dear Mommy, Daddy, Ate and Kuya.

Let's eat a healthy Pinggang Pinoy everyday
with these foods:



Love.

STUDENTS NAME