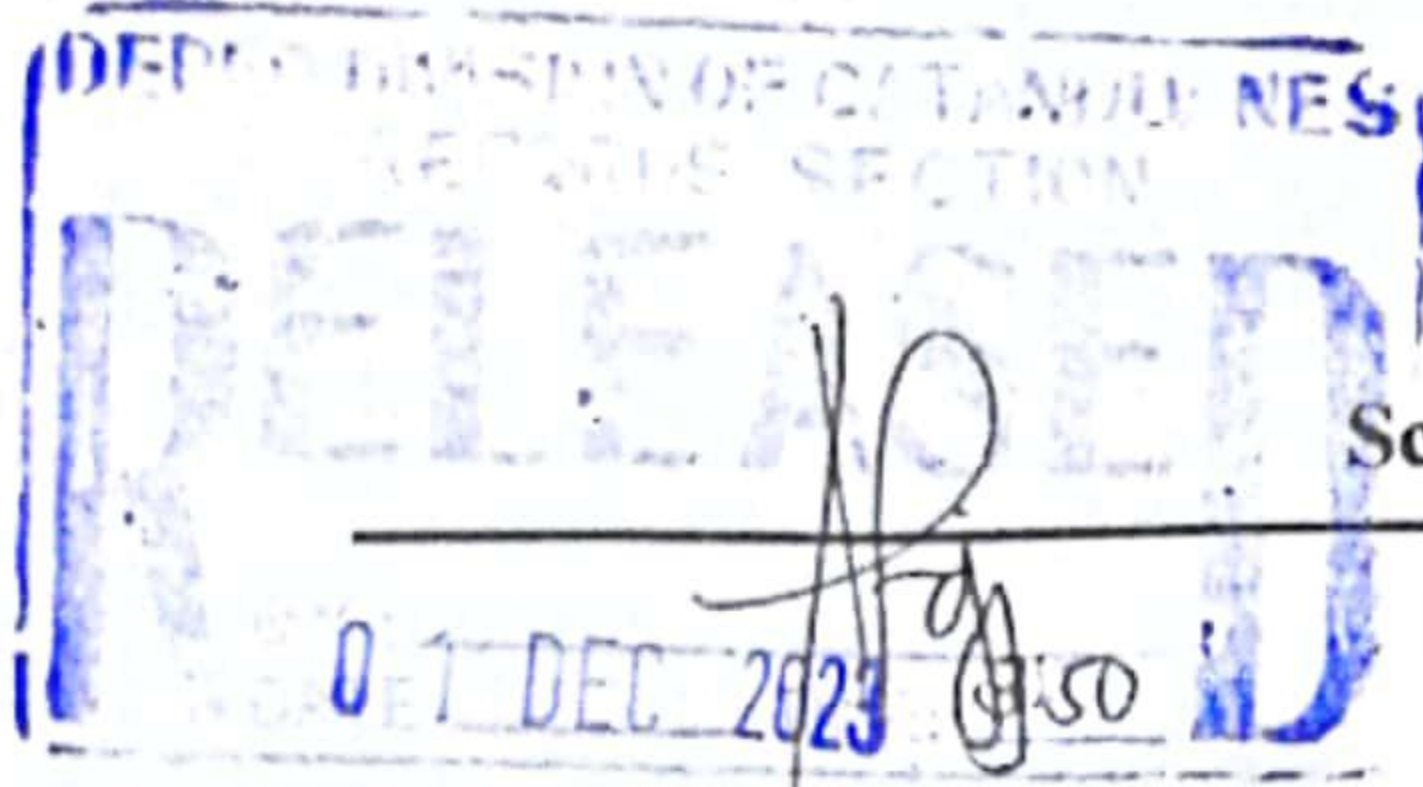




Republic of the Philippines
Department of Education
Region V - Bicol
Schools Division Office of Catanduanes



November 30, 2023

DIVISION MEMORANDUM

No. 509 s, 2023

**REGIONAL LIVE-OUT TRAINING OF COACHES IN
SELECTED FOCUS SPORTS**

To : Assistant Schools Division Superintendent
Chief Education Supervisor CID/SGOD
Public Schools District Supervisors
Elementary and Secondary School Heads
Private Elementary and Secondary School Heads
All Others Concern

1. A Regional Live-Out Training of Coaches in Selected Focus Sports will be held on December 8-10, 2023 at the designated venues to wit:

Division	Focus Sports
SDO Ligao	1. Arnis
	2. Athletics
	3. Dance Sports
SDO Legaspi	1. Swimming
	2. Table Tennis
	3. Tennis

2. The objective of the training are as follows:
- a. equip coaches on selected focus sports;
 - b. enhance the physical, mental and psychological prowess of coaches on their selected sports;
 - c. develop among coaches their genuine love for sports.
3. The list of participants is found in Enclosure 1 of this memorandum.

4. Participants to this activity shall be granted service credits/compensatory overtime credit for the service rendered on Saturday, Sunday and Holiday pursuant to paragraph 5.3 letter K on Joint Circular of the Civil Service Commission (CSC) and the Department of Budget and Management dated October 4, 2004.
5. Meals of the participants shall be charged against Palaro Funds/Regional Funds while travel and other incidental expenses shall be charged against their local funds/MOOE/SEF/Division Sports Association Funds/other sources.
6. For information, guidance, and compliance.


SOCORRO V. DELA ROSA, CESO V
Schools Division Superintendent

Enclosure 1

**LIST OF PARTICIPANTS TO THE REGIONAL LIVE-OUT TRAINING OF
COACHES IN SELECTED FOCUS SPORTS**

Focus Sports	Name	School
Arnis	1. Grace Tuplano	SAVS
	2. John Talion	Tucao-Maysuram ES
	3. Bernadette Villamartin	Viga RDHS
	4. Catherine Tatel	San Miguel RDHS
Athletics	1. Heizel Torzar	Bugao NHS
	2. Arjie Magdahong	Iyao ES
	3. Leo Traquena	Buenavista ES, Viga
	4. Immaculate Ann A. Gualberto	Sicmil IS
	5. Shirley Jane Molina	Buyo IS
	6. Leny I. Pante	Porot ES
Dance Sports	1. Nesley T. Panti	Batag ES
	2. Adrian De Quiroz	Caramoran RDHS
	3. Tessarie T. Torzar	Cabugao IS
	4. Andrew O. Aguinillo	Bagamanoc RDHS
Swimming	1. Elmar T. Tindugan	Bato RDHS
	2. Jose Angelo D. Aquino	Puniton ES
	3. Leo Tanteo	Caramoran RDHS
	4. Ella S. Tatad	Genitligan ES
Table Tennis	1. John Robert De Mesa	Magnesia NHS
	2. Jason Jimenes	CNHS
	3. Mari Salvacion Manlangit	Calatagan HS
	4. Jennifer Peralta	Bagamanoc RDHS
Tennis	1. Jairus John Clarianes	Bato RDHS
	2. Joy Tubice	Sto. Domingo ES
	3. Rochelle Marie Molina	Calatagan HS
	4. Nervy Bautista	CNHS
Secretariat	Grace Bernardo	CNHS
DSO	Fidel A. Vegim	Calatagan HS