



Republic of the Philippines  
**Department of Education**  
 REGION V - BICOL  
 SCHOOLS DIVISION OFFICE OF CATANDUANES

16 November 2023

DIVISION MEMORANDUM  
 OSDS-SGOD-SHN-DM- 405 s, 2023

**PARTICIPANTS ON THE ORIENTATION-WORKSHOP ON PSYCHOSOCIAL SUPPORT SERVICES AND BREAST CANCER AWARENESS SEMINAR**

To: Assistant Schools Division Superintendent  
 Chiefs, CID and SGOD  
 Education Program Supervisors  
 Public Schools District Supervisors  
 Elementary and Secondary School Heads  
 Other Concerned

1. This Office, through the SGOD-School Health and Nutrition and Social Mobilization and Networking Units, in partnership with the City Savings Bank, will be holding an Orientation-Workshop on Psychosocial Support Services dubbed as **"Project Better Me"**, and **Project Pink: Breast Cancer Awareness** on November 23, 2023 (Thursday), Victor Hall in Virac Town Center.

Title	Schedule
<b>Project Better Me:</b> Orientation-Workshop on Psychosocial Support Services	8:00 AM to 12:00 Noon
<b>Project Pink:</b> Breast Cancer Awareness	1:00 PM to 5:00 PM

2. The target participants to this activity are the selected school heads of elementary and secondary schools, selected school clinic coordinators, school guidance designate, division/school based health personnel, and SDO personnel.

3. Enclosed are the following documents for reference.

**Enclosure No. 1-** List of participants on the Orientation-Workshop on Psychosocial Support Services, Project: Better Me

**Enclosure No. 2-** List of participants on the Project Pink: Breast Cancer Awareness Seminar

**Enclosure No. 3-** Program Working Committees

**Enclosure No. 4-** Program Matrix



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4. Travel and other incidental expenses shall be charged against local funds/division/School MOOE/other fund sources subject to the usual accounting and auditing rules and regulations.
5. For immediate dissemination, guidance, and compliance.

**SOCORRO V. DELA ROSA, CESO V**  
Schools Division Superintendent



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Enclosure 1 to Division Memorandum No. 465, s. 2023

**LIST OF PARTICIPANTS ON THE ORIENTATION-WORKSHOP ON  
 PSYCHOSOCIAL SUPPORT SERVICES**

Municipality	School/s	Name	Designation
<b>SECONDARY SCHOOL HEADS AND GUIDANCE DESIGNATE</b>			
Bagamanoc	Bagamanoc RDHS	Milagros V. Lim	School Head
		Jennifer F. Peralta	Guidance Designate
	Bugao NHS	Erlinda P. Villacorta	School Head
		Rustan S. Villaranda	Guidance Designate
	San Vicente NHS	Myra D. Acacio	School Head
		Analyn V. Angulo	Guidance Designate
Baras	Agban NHS	Jenylin I. Taopo	School Head
		Emmanuel Gianan	Guidance Designate
	Baras RDHS	Lyra C. Tusi	School Head
		Liza V. Panti	Guidance Designate
Bato	Bato RDHS	Sonia V. Prensader	School Head
		Lorna T. Teston	Guidance Designate
	Bote IS	Lina T. Tayas	School Head
		Michael D. Rodulfo	Guidance Designate
	Cabugao IS	Edgar T. Sarmiento	School Head
		Jose Paulo Salvador	Guidance Designate
Caramoran	Caramoran RDHS	Ma. Magdalena C. Loprez	School Head
		Eva B. Bien	Guidance Designate
	Caramoran SF	Bernardo B. Bosque Jr.	School Head
		Helen Dizon	Guidance Designate
	Dariao NHS	John Carlo T. Lucero	School Head
		Joven S. Dellova	Guidance Designate
	Milaviga IS	Maria B. Vegim	School Head
		Haissam G. Suarez	Guidance Designate
	Palumbanes IS	Efren O. Matienzo	School Head
		Anne Claudine Z. Borbe	Guidance Designate
	Supang-Datag NHS	Salve S. Sena	School Head
		Jenny S. Magallanes	Guidance Designate
Tubli NHS	Nelson T. Narit	School Head	
	Janina G. San Juan	Guidance Designate	
Gigmoto	Dororian NHS	Rico A. Trollano	School Head
		Jesamie P. Delos Reyes	Guidance Designate
	Gigmoto RDHS	Ramon T. Templonuevo	School Head
		Dante T. Aldea	Guidance Designate
Sicmil IS	Juan D. Tatad	School Head	
	Lucy Ogalesco	Guidance Designate	
Pandan	Baldoc IS	Arnulfo D. Bernardino	School Head
		Lilibeth B. Trinidad	Guidance Designate
	Cobo IS	Tito B. Fernandez	School Head
		Shirly Delo Santos	Guidance Designate
LIV Sr. NHS	Jeric C. San Jose	School Head	



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	PSAT	Mark F. Espiritu	Guidance Designate	
		Cesmenda A. Borromeo	School Head	
Panganiban	Panganiban NHS	Anamie E. Silva	Guidance Designate	
		Ranil R. Velasco	School Head	
San Andres	Panganiban NHS, CAIC Compound	Salve V. Aquino	Guidance Designate	
	Cabcab NHS	Eddie S. Ogalasco	School Head	
		Dyesabel M. Torio	Guidance Designate	
	Codon NHS	Rosalinda A. Burce	School Head	
		Jose B. Lim	Guidance Designate	
	Lictin IS	Alex T. Habana	School Head	
		Rachel S. Laurente	Guidance Designate	
	Manambrag NHS	Dennis L. Gianan	School Head	
	Maynaway NHS	Jean B. Crispino	Guidance Designate	
		Jesus P. Gianan	School Head	
San Miguel	SAYS	Cielo Marcos	Guidance Designate	
	Pagsangahan IS	Ronald R. Refre	School Head	
		Marjorie T. Tomagan	Guidance Designate	
		Maybelle V. Rubio	School Head	
		Juvy Gianan	Guidance Designate	
		Elena C. Tedera	School Head	
		Sarlyn Bernal	Guidance Designate	
		Juan S. Torreja	School Head	
		Karen Tosoc	Guidance Designate	
		Aileen Tabilog	School Head	
Viga	San Jose NHS	Ruby S. Taule	Guidance Designate	
	Tambongon NHS	Shirely T. Villaranda	School Head	
		Mary Ann T. Gapasin	Guidance Designate	
		Janet M. Tonio	School Head	
		Jessica G. Obico	Guidance Designate	
		Charlie V. Teves	School Head	
		Buenalyn Jasareno	Guidance Designate	
		Clemente T. Olarte	School Head	
		Christopher Villamartin	School Head	
		Lorenzo E. Gando	School Head	
Virac	Buyo IS	Cielo P. Buendia	School Head	
	Calatagan HS	Allan A. Sorreda	School Head	
		Mila V. Bonayon	School Head	
		Fidel A. Vegim	School Head	
		Sigundo Lumabi	Guidance Designate	
		Amelia R. Eusebio	School Head	
		Vernie A. Robles	Guidance Designate	
		Marilou D. Santelices	School Head	
		Aurora C. Dasigan	Guidance Designate	
		Josalie T. Tonio	School Head	
Bagamanoc		Christopher Carlo Benavidez	Guidance Designate	
		Mary Rose V. Sta. Rosa	School Head	
		Jocelyn Cabrera	Guidance Designate	
	<b>ELEMENTARY SCHOOL HEADS</b>			
		Bagamanoc CES	Helen Arandia	School Head
		Salvacion ES	Leny Ignacio	School Head



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Baras	Baras CES	Analyn P. Carpio	School Head
Bato	Agban CES	Juan O. Geromo	School Head
	San Pedro ES	Roscilia Trinidad	School Head
	Oguis ES	Marck John D. Eustaquio	School Head
Caramoran	Caramoran CES	Irma S. Miraran	School Head
	Datag CES	Alan S. Gud	School Head
Gigmoto	San Vicente ES	Rodel T. Tayo	School Head
Pandan	Pandan CES	Amalia Domingo	School Head
	Tabugoc CES	Arnel D. Bonifacio	School Head
Panganiban	Cabuyoan ES	Josephine V. Vallespin	School Head
San Andres	Barihay ES	Ronald Coronejo	School Head
	Jose Rizal ES	Cecile S. Alvea	School Head
San Miguel	Boton ES	Jhonney Boy Bernal	School Head
	Caglatawan ES	Rolyn Trinidad	School Head
Viga	Mabini ES	Sarrah T. Tulod	School Head
	San Vicente/Del Pilar ES	Ma. Karen Papango	School Head
Virac	Calabnigan ES	Lilibeth B. Tabuzo	School Head
	Pajo Baguio ES	Walter Marinas	School Head
<b>SCHOOL DENTAL HEALTH CARE PROGRAM SCHOOL CLINIC</b>			
Baras	Agban CES	Marilyn T. Villanueva	School Clinic Coor
	Baras CES	April P. Samudio	School Clinic Coor
Bagamanoc	Bagamanoc CES	Helen F. Arandia	School Clinic Coor
	Bugao CES	Carla Bernardo	School Clinic Coor
Bato	Bato CES	Jocelle Cardano	School Clinic Coor
San Andres	Cabcab CES	Rosana C. Canon	School Clinic Coor
	San Andres CES	Vanessa Zafe	School Clinic Coor
Caramoran	Caramoran CES	Ma. Corazon R. Salamena	School Clinic Coor
	Datag CES	Sarah Jane D. Sena	School Clinic Coor
Gigmoto	Gigmoto CES	Mary Ann B. Arcilla	School Clinic Coor
San Miguel	Mabato CES	Rosa B. Austero Jra.	School Clinic Coor
	San Miguel CES	Josephine L. Tasarra	School Clinic Coor
Panganiban	Panganiban CES	Eden F. Ceballo	School Clinic Coor
Pandan	Pandan CES	Josephine T. Alberto	School Clinic Coor
	Tabucog CES	Lia I. Icaranon	School Clinic Coor
Viga	Tambongon CES	Ligaya V. Castillo	School Clinic Coor
	Viga CES	Leticia V. Yutan	School Clinic Coor
Virac	Virac CES	Ma. Filipina Garcia	School Clinic Coor
<b>DIVISION AND SCHOOL-BASED HEALTH PERSONNEL</b>			
	SGOD	Dr. Kristine G. Santelices	Medical Officer III
Virac	SGOD	Dr. Amylou B. Celso	Dentist-In-Charge
	SGOD	Dr. Hidelita G. Posada	Dentist II
	Viga RDHS	Dr. Melchor B. Tuzon	Dentist II
	Catanduanes NHS	Dr. Ma. Antonette C. Roxas	Dentist I
	VPES	Juvy Trinidad	Nurse II
	SGOD	Jennifer S. Casallo	Nurse-In-Charge
	SGOD	Ma. Theresa G. Abundo	Nurse II
Bato	Bato RDHS	Rosalin Rosette Z. Tejerero	Nurse II
	SGOD	Michelle T. Del Rosario	Nurse II
	SGOD	Emeline Francia P. Abrasaldo	Nurse II
Virac	SGOD	Erma B. Pampanga	Nurse II



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SGOD	Ahdel D. Idanan	Nurse II
Palta NHS	Irys A. Ubalde	Nurse II
CNHS	Julius Ronald Sorra	Dental Aide
<b>SDO PERSONNEL</b>		
SGOD	Marife B. Briquillo	SEPS
SGOD	Imaculate T. La Torre	EPS II
SGOD	Maria Audrea Vivo	PDO II
SGOD	Rosario B. Vegim	PDO I-YFD
SGOD	Ma. Lourdes Sorra	PDO I-YFD
SGOD	Joy Suaviso	Contract of Service
OSDS	Mark Lester Urbano	Admin Officer II
OSDS	Marinela Pamplona	Senior Bookkeeper
OSDS	Virgilio J. Molina Jr.	Bookkeeper

Virac



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Enclosure 2 to Division Memorandum No. 465, s. 2023

**LIST OF PARTICIPANTS ON PROJECT PINK: BREAST CANCER AWARENESS SEMINAR**

School/s	Name	Position
Tuciao-Maysuram ES	Rizalie B. Sapanta	Teacher II
Baras RDHS	Jolly Mecca Tabor	T1
Hitoma-Bulacao ES	Connie Magdahong	T-3
Danicop ES	Perlita V. Tate	SP 1
Capilihan ES	Arlene P. Alberto	ESHT-IV
Putsan-Danao ES	Raquel T. Soriao	Teacher 3
Hawan Ilaya ES	Christine Arcilla	Teacher 3
Cabugao IS	Marjorie R. Trinidad	T-III
Panganiban CES	Eden F. Ceballo	Teacher 3
Manambrag NHS	Catherine Mendoza	Teacher II
Bagamanoc CES	Helen F. Arandia	T III
Dayawa ES	Teresita T. Tianacla	T-3
Baras CES	Analyn P. Carpio	SP-II
Buhi ES	Maria Melda M. Tapia	MT 2
Cahan Barrio School	Jenle T. Evangelista	Teacher-III
Tubli NHS	Kristine S. Adille	Teacher II
Tobrehon ES	Erika Shynne Benes	T-I
F. Tacorda Village ES	Elaine V. Urbano	Teacher II
Taytay ES	Alina A. Buena	Teacher III
Pajo San Isidro ES	Rosario V. Vargas	Tr. II
Guiamlong ES	Regie Boribor Talan	Teacher III
Panganiban CES	Estrella V. Valdez	MT 1
Bote IS	Richelle T. Tresvalles	T-3
SDO-CID	Belen Tapas	PSDS
Catamban ES	Neddie E. Rodriguez	T-III
Bon-ot ES	Mary Jane V. Samonte	T-II
San Jose ES	Francia T. Tebelin	Principal 1
Palnab ES	Elma S. Tarnate	Teacher III
Marilima ES	Agnes Q. Sarmiento	T-III
Comagaycay ES	Mylene L. Manlangit	Master Teacher I
Batong Paloway ES	Janice P. Evangelista	Teacher II
Katipunan ES	Mary Jane T. Valenzuela	School Principal I
Sogod Simamla ES	Salvacion Vargas	Teacher I
Maculiw CS	Carina Pasuengos	T-III
Moning ES	Cathelyn Arcilla	Teacher
Cavinitan ES	Rebecca F. Basinio	Teacher III



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Bayhan Community School	Elena T. Bobiles	Teacher III
Panaoagan ES	Joan C. Templonuevo	Teacher III
Bugao CES	Gesalyn	MT-1
Panique ES	Jinky Joy R. Lleva	T-III
San Miguel ES	Suzette C. Olarve	Teacher III
Casoocan ES	Evalinda T. Quintal	Teacher III
Bagamanoc CES	Nemia Villaluna	Master Teacher 2
Maui ES	Josephine M. Solero	Teacher II
Hawan NHS	Marilou D. Santelices	School Principal 1
Bigaa ES	Isabel T. Bernal	School principal 1
Benticayan ES	Ara V. Bodota	Head Teacher I
San Roque ES	Herminia z. Amaro	Teacher 3
Codon ES	Rachel C. Vargas	Teacher III
Mabato CES	Necylyn T. Publico	Teacher 3
Cabcab CES	Rosana C. Cañon	Teacher III
Quezon ES	Marites Sanchez	Head Teacher III
Maynaway ES	Melody B. Climaco	Master Teacher I
JMA Tucao ES	Vilma T. Morales	Teacher III
Sto. Domingo ES	Kristine Joy A. Magtangob	Teacher II
Balite ES	Vevien Leigh B Alcaayaga	Teacher III
Bocon ES	Cherry Septimo	T-III
Babaguan ES	Hilda S. Alcantara	Teacher III
Valencia ES	Gloria Tejada	School Principal 2
Lumabao ES	Rosemarie T. Vargas	Teacher 3
Pangilao ES	Liezl I. Mamlangit	MT-II
Obi ES	Lea B Rubia	Tea her-II
Macutal ES	Nelly O. Chavez	Teacher 3
JMA Puniton ES	Raquel C. Alfon	ESHT 4
Mavil ES	Cherry S. San Jose	Teacher III
Viga CES	Charito O. Bognot	Teacher III
Gigmoto RDHS	Maria Linda T. Timbal	Teacher II
Lictin IS	Judylyn F. Gianan	Teacher 3
Hawan NHS	Maricon T. Parro	Teacher 2
Pajo San Isidro ES	Melane P. Magbanua	Teacher 3
Buyo IS	Mila Bonayon	Teacher 3
Talisoy ES	Sherie Joy B. Chavez	Teacher 3
CNHS	Rhoda Mae T. Arcilla	Teacher 1
VPES	Cynthia V. Rojas	MT-1
Bato CES	Cecilia G. Camacho	Teacher 3
<b>DIVISION AND SCHOOL-BASED HEALTH PERSONNEL</b>		
SGOD	Dr. Kristine G. Santelices	Medical Officer III
SGOD	Dr. Amylou B. Celso	Dentist-In-Charge
SGOD	Dr. Hidelita G. Posada	Dentist II
Viga RDHS	Dr. Melchor B. Tuzon	Dentist II
CNHS	Dr. Ma. Antonette C. Roxas	Dentist I





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VPES	Juvy Trinidad	Nurse II
SGOD	Jennifer S. Casallo	Nurse-In-Charge
SGOD	Ma. Theresa G. Abundo	Nurse II
Bato RDHS	Rosalin Rosette Z. Tejerero	Nurse II
CNHS	Michelle T. Del Rosario	Nurse II
SGOD	Emeline Francia P. Abrasaldo	Nurse II
SGOD	Erma B. Pampanga	Nurse II
SGOD	Ahdel D. Idanan	Nurse II
Palta NHS	Irys A. Ubalde	Nurse II
CNHS	Julius Ronald Sorra	Dental Aide
<b>SDO PERSONNEL</b>		
SGOD	Marife B. Briquillo	SEPS
SGOD	Imaculate T. La Torre	EPS II
SGOD	Maria Audrea Vivo	PDO II
SGOD	Rosario B. Vegim	PDO I-YFD
SGOD	Ma. Lourdes Sorra	PDO I-YFD
SGOD	Joy Suaviso	Contract of Service
OSDS	Mark Lester Urbano	Admin Officer II
OSDS	Marinela Pamplona	Senior Bookkeeper
OSDS	Virgilio J. Molina Jr.	Bookkeeper
CID	Shileta G. Valeza	Admin Aide



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Enclosure 3 to Division Memorandum No. 455, s. 2023

**TECHNICAL WORKING COMMITTEES**

Chairperson	:	Dr. Kristine G. Santelices Medical Officer III Marife B. Brequillo SEPS, SocMobNet
Co-Chairperson	:	Imaculate T. Latorre EPS II, SocMobNet Ahdel D. Idanan Nurse II
Registration	:	Dr. Hidelita G. Posada Dentist II Erma B. Pampanga Nurse II
Usherretes	:	Ma. Theresa G. Abundo Nurse II Irys A. Ubalde Nurse II Rosalin Rosette Z. Tejerero Nurse II
Venue/ Stage Decoration	:	Imaculate T. Latorre EPS II, SocMobNet Jennifer S. Casallo Nurse II
Certificates	:	Marife B. Brequillo SEPS, SocMobNet
Programs/ Tarp layout	:	Emeline Francia P. Abrasaldo Nurse II
Foods	:	Rosario R. Vegim PDO 1 YFD Joy Suaviso COS



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Documenters : Emeline Francia P. Abrasaldo  
Nurse II  
Ahdel D. Idanan  
Nurse II

Master of Ceremony : Ahdel D. Idanan  
Nurse II



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Enclosure 4 to Division Memorandum No. 465, s. 2023

<b>ORIENTATION-WORKSHOP ON PSYCHOSOCIAL SUPPORT SERVICES</b>		
<b>Venue:</b> VTC Victor Hall		
<b>When:</b> November 23, 2023, from 8:00 AM to 12:Noon		
<b>TIME</b>	<b>ACTIVITY</b>	<b>IN-CHARGE</b>
7:30 - 8:00 am	Registration	Dr. Hidelita Posada, Dentist II Ma. Theresa Abundo, RN
8:00 - 8:10 am	Opening Ceremony/ Preliminaries	Emeline Francia Abrasaldo, RN
8:10 - 8:15 am	Presentation of Participants	Erma Pampanga, RN
8:15 - 8:30 am	Welcome Remarks	Mary Jean S. Romero SGOD Chief
8:30 - 9:00 am	Message	Mr. Arnulfo V. Santiago Regional Business Head City Savings Bank, Region V
9:00 - 9:10 am	Introduction of the Resource Speaker	Socorro V. Dela Rosa Schools Division Superintendent
9:10 - 10:00 am	Mental Health Awareness: How Are You?	Kristine G. Santelices Medical Officer III; SHN Head Noly T. Benavidez, MAGC, RPM, RGC Head, Guidance Counselling & Testing Office, CATSU
10:00 - 10:30 am	Workshop	
10:30 - 11:00 am	Consolidation	
11:00 - 11:30 am	Open Forum	Ahdel Idanan, RN
11:30 - 11:45 am	Awarding of Certificates Executive Committee and Facilitators	
11:45 - 12:00 Noon	Closing Remarks	Ahdel D. Idanan, RN In-Charge, Mental Health



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**PROJECT PINK: BREAST CANCER AWARENESS**

Venue: VTC Victor Hall

When: November 23, 2023, from 1:00 PM to 5:00 PM

TIME	ACTIVITY	IN-CHARGE
12:30 – 1:00 pm	Registration	Dr. Hidelita Posada, Dentist II Ma. Theresa Abundo, RN
1:00 – 1:10 pm	Opening Ceremony/ Preliminaries	Emeline Francia Abrasaldo, RN
1:10 – 1:15 pm	Presentation of Participants	Erma Pampang, RN
1:15 – 1:30 pm	Welcome Remarks	Mary Jean S. Romero SGOD Chief
1:30 – 2:00 pm	Message	Arnulfo V. Santiago Regional Business Head City Savings Bank, Region V
2:00 – 2:10 pm	Introduction of the Resource Speaker	Socorro V. Dela Rosa, CESO V Schools Division Superintendent
2:10 – 3:00 pm	Breast Cancer Awareness	Kristine G. Santelices Medical Officer III; SHN Head Dr. Marianne A. Lianko- Tresvalles, MD, FPOGS, MHA Fellow, Philippine Obstetrical & Gynecological Society
3:00 – 3:30 pm	Breast Examination Video	
3:30 – 4:00 pm	Testimony of a Breast Cancer Patient	Marilyou D. Santelices School Principal I Hawan NHS
4:00 – 4:30 pm	Open Forum	Ahdel Idanan, RN
4:30 – 4:45 pm	Awarding of Certificates Executive Committee and Facilitators	
4:45 – 5:00 pm	Closing Remarks	Dr. Kristine G. Santelices Medical Officer III; SHN Head