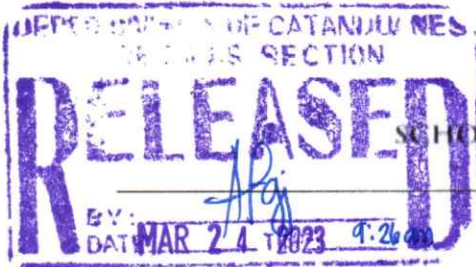




Republic of the Philippines  
**Department of Education**  
 REGION V  
 SCHOOLS DIVISION OFFICE OF CATANDUANES



March 24, 2023

DIVISION MEMORANDUM  
 OSDS - SGOD - DM - 121 S. 2023

**CONDUCT OF FOCUS TRAINING OF ATHLETES IN PREPARATION FOR  
 PALARONG BIKOL 2023**

To:

- Chief Education Supervisors
- Education Program Supervisors
- Public Schools District Supervisors
- Elementary and Secondary School Heads
- Elementary and Secondary School Teachers
- All Others Concerned

1. In connection with the conduct of Palarong Bikol 2023 on **April 23-28, 2023**, this office requests all concerned schools with athletes, coaches, and trainers who will compete in the said regional sports competition to conduct focus training every Saturday and Sunday, specifically on the following dates:

March 24, 25, April 1, 2, 4, 9, 15, 16, and  
 April 17-20 (every 3:00 o'clock p.m./after class hours.)

2. Moreover, concerned Public Schools District Supervisors and School Heads of athletes, coaches, and trainers who will be competing in the said Palaro should be given the greatest possible support and assistance.

3. Parental consent should be sought by the coaches from the athletes before the conduct of training. As much as possible, the training should be conducted in the barangay/school/district where the athletes reside. If the playing venue is not available in the area, the coach-in-charge should notify the SDO thru the DSO for a possible alternative.

4. Likewise, all teachers and non-teaching personnel who will participate in the focus training shall be given service credits or compensatory time-off (CTO) whichever applies for services rendered on weekends and or extra hours rendered on weekdays, in compliance with the guidelines on the grant of service credits/compensatory time-off.

5. Expenses in meals and transportation allowance of the athletes and training team shall be charged from the SEF (PLGU) subject to the existing rules and regulations of the finance division.

6. For information, guidance, and compliance of everyone.

By the authority of the SDS:

**MA. LUISA T. DELA ROSA**  
 Assistant Schools Division Superintendent  
 Officer-In-Charge

Encl: as stated  
 To be indicated in the Perpetual Index under the following subjects:  
 SPORTS Events  
 ATB-DM-03/24/2023  
 CONDUCT OF FOCUS TRAINING OF ATHLETES IN PREPARATION FOR PALARONG BIKOL 2023

