

Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
REHIYON V (BIKOL)

**TANGGAPANG PANSANGAY NG MGA PAARALAN NG CATANDUANES**

July 21, 2025

**DIVISION MEMORANDUM**

No. W2 s. 2025

**IMPLEMENTATION AND MONITORING OF OPLAN KALUSUGAN  
SA DEPED PROGRAMS (OKD) AND DIVISION FOCAL PERSONS  
FOR SY 2025-2026**

To: OIC-Asst. Schools Division Superintendent  
Chief Education Supervisors  
SGOD School Health and Nutrition Section  
Public Schools District Supervisors/In-Charge of the Districts  
Public School Heads  
All Others Concerned

1. In reference to DepEd Order No. 12, s. 2025 of the *Multi-Year Implementing Guidelines of the School Calendar and Activities for the SY 2025-2026*, and DepEd Order No. 28, s. 2018 of the *Policy and Guidelines on Oplan Kalusugan sa Department of Education*. Health personnel are mandated to conduct health services and activities in schools as part of the Oplan Kalusugan sa Deped (**OKD**) program, which includes the following:

- a. School-Based Feeding Program (**SBFP**)
- b. Water, Sanitation, and Hygiene in Schools (**WinS**) Program
- c. Mental Health and Psychosocial Support Services (**MHPSS**)
- d. National Drug Education Program (**NDEP**)
- e. Adolescent Reproductive Health (**ARH**) Program
- f. Nursing, Dental, and Nutrition Services (**MNDNS**)
- g. School Dental Health Care Program (**SDHCP**)
- h. Oplan Kalusugan sa Deped-Healthy Learning Institution (**OKD-HLI**)

2. The schedule of activities and health services shall be coordinated by the SGOD with the school head to ensure no disruption of classes.

3. Enclosed in this Memorandum are:

**Enclosure 1: Division Health Personnel and their Areas of Assignments and Programs for School Year 2025-2026.**

**Enclosure 2: Oplan Kalusugan sa DepEd Division Program Coordinator Assignments**

**Enclosure 3: Monitoring Tool on Oplan Kalusugan sa DepEd**

4. This Office encourages intensive monitoring of the implementation of all Oplan Kalusugan sa DepEd programs in schools.



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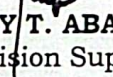




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5. Travel and other incidental expenses of SDO Health Personnel shall be charged to the SGOD-GAAS fund, subject to the usual auditing and accounting rules and regulations.
6. For information and guidance of all concerned.

  
**MA. JEANY T. ABAYON**  
Asst. Schools Division Superintendent  
Officer-In-Charge  
Office of the Schools Division Superintendent



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**ENCLOSURE 1: DIVISION HEALTH PERSONNEL AND AREAS OF ASSIGNMENT**

**Table 1: Dentists**

PERSONNEL	DISTRICT	CONTACT
1. Dr. Amylou B. Celso	Bagamanoc North, Baras North, Caramoran South, Panganiban, Pandan East, San Andres West, San Miguel, Viga West, Virac South	<a href="mailto:amylou.celso@deped.gov.ph">amylou.celso@deped.gov.ph</a> 09205066586
2. Dr. Hidelita G. Posada	Bagamanoc South, Baras South, Bato, Caramoran North, Gigmoto, Pandan West, San Andres East, Viga East, Virac North	<a href="mailto:hidelita.posada@deped.gov.ph">hidelita.posada@deped.gov.ph</a> 09777824684

**Table 2: Nurses**

PERSONNEL	DISTRICT	CONTACT
<b>Group 1:</b> Erma B. Pampanga and Rosario B. Vegim	Virac North, Baras South, Pandan, San Miguel North	<a href="mailto:erma.pampanga@deped.gov.ph">erma.pampanga@deped.gov.ph</a> 09993682255 <a href="mailto:rosario.vegim@deped.gov.ph">rosario.vegim@deped.gov.ph</a> 09318833925
<b>Group 2:</b> Ahdel D. Idanan and Melanie R. Ibardaloza	Virac South, San Andres West, San Miguel South, Bagamanoc	<a href="mailto:ahdel.idanan@deped.gov.ph">ahdel.idanan@deped.gov.ph</a> 09486934889 <a href="mailto:melanie.ibardaloza@deped.gov.ph">melanie.ibardaloza@deped.gov.ph</a> 09301811464
<b>Group 3:</b> Jennifer S. Casallo and Rosa Aurea T. Vargas	San Andres East, Bato East, Viga, Panganiban	<a href="mailto:jennifer.casallo001@deped.gov.ph">jennifer.casallo001@deped.gov.ph</a> 09208169533 <a href="mailto:rosaaurea.vargas@deped.gov.ph">rosaaurea.vargas@deped.gov.ph</a> 09123903805
<b>Group 4:</b> Ma. Theresa T. Abundo and Anthony B. Aguirre	Bato West, Caramoran, Baras North, Gigmoto	<a href="mailto:materesa.abundo@deped.gov.ph">materesa.abundo@deped.gov.ph</a> 09204833497 <a href="mailto:anthony.aguirre@deped.gov.ph">anthony.aguirre@deped.gov.ph</a> 09338555437





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ENCLOSURE 2: Oplan Kalusugan sa DepED (OKD)  
Division Program Coordinator Assignments

School Health and Nutrition Personnel	Division Program Coordinator/Focal Person	Division Program Co-Coordinator
<b>Amylou Celso, DMD</b> <i>Dentist-in-Charge</i> (0920-5066586)	<ul style="list-style-type: none"> <li>WASH In School (WinS)</li> <li>School Dental Health Care Program (SDHCP)</li> <li>Philippine Anti-Cavity Campaign (PAAC)</li> <li>Oplan Kalusugan sa DepEd (OKsaDepED)</li> <li>Healthy Learning Institutions (HLI)</li> </ul>	<ul style="list-style-type: none"> <li>Bright Smile, Bright Future (BSBF)</li> </ul>
<b>Hidelita Posada, DMD</b> (0977-7824684)	<ul style="list-style-type: none"> <li>Bright Smile, Bright Future (BSBF)</li> </ul>	<ul style="list-style-type: none"> <li>Philippine Anti-Cavity Campaign (PAAC)</li> <li>School Dental Health Care Program (SDHCP)</li> <li>Rabies Advocacy</li> <li>Wellness Program</li> </ul>
<b>Jennifer Casallo, RN</b> <i>Nurse-in-Charge</i> (0920-8169533)	<ul style="list-style-type: none"> <li>School-Based Feeding Program (SBFP) – Milk Feeding (MF)</li> <li>Integrated Helminth Control Program (Deworming) – Elementary</li> <li>Employee Health Program</li> </ul>	<ul style="list-style-type: none"> <li>PhilHealth E-Konsulta</li> <li>HIV/AIDS/STI</li> <li>Oplan Kalusugan sa DepEd (OKD)</li> </ul>
<b>Ma. Theresa Abundo, RN</b> (0920-5547374)	<ul style="list-style-type: none"> <li>School-Based Feeding Program (SBFP) – Nutritious Food Products (NFP)</li> <li>Nutrition Program</li> <li>Rabies Advocacy</li> </ul>	<ul style="list-style-type: none"> <li>School Canteen Operations</li> <li>National Vision Screening program (NVSP)</li> </ul>
<b>Ahdel Idanan, RN</b> (0948-6934889)	<ul style="list-style-type: none"> <li>Mental Health and Psychosocial Services (MHPSS)</li> </ul>	<ul style="list-style-type: none"> <li>National Drug Education Program (NDEP)</li> <li>Healthy Learning Institutions (HLI)</li> </ul>





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		<ul style="list-style-type: none"> <li>• School-Based Immunization (SBI) Program</li> <li>• Nationwide Dengue Vector Surveillance Program (NDVSP)</li> </ul>
<b>Erma Pampanga, RN</b> (0999-3682255)	<ul style="list-style-type: none"> <li>• Adolescent Reproductive Health (ARH) Program</li> <li>• National Vision Screening program (NVSP)</li> <li>• HIV/AIDS/STI</li> </ul>	<ul style="list-style-type: none"> <li>• Deworming (Secondary)</li> </ul>
<b>Anthony Aguirre, RN</b> (0933-8555437)	<ul style="list-style-type: none"> <li>• Gulayan sa Paaralan Program (GPP)</li> <li>• National Tuberculosis Program (NTP)</li> </ul>	<ul style="list-style-type: none"> <li>• Nutrition Program (Elementary)</li> <li>• SBFP-NFP</li> <li>• Employee Health Program</li> <li>• Tobacco Prevention Program</li> </ul>
<b>Melanie Ibardaloza, RN</b> (0930-1811464)	<ul style="list-style-type: none"> <li>• National Drug Education Program (NDEP)</li> <li>• Brief Tobacco Intervention (BTI)</li> <li>• School Canteen Operations</li> </ul>	<ul style="list-style-type: none"> <li>• Healthy Learning Institutions (HLI)</li> <li>• Wash in Schools (WINS)</li> </ul>
<b>Rose Aurea Vargas, RN</b> (0912-3903805)	<ul style="list-style-type: none"> <li>• School-Based Immunization (SBI) Program</li> <li>• Other Communicable Disease Surveillance Program</li> <li>• PhilHealth E-Konsulta</li> </ul>	<ul style="list-style-type: none"> <li>• SBFP-Milk Component</li> <li>• National Tuberculosis Program (NTP)</li> </ul>
<b>Rosario B. Vegim</b>	<ul style="list-style-type: none"> <li>• Nationwide Dengue Vector Surveillance Program (NDVSP)</li> <li>• Wellness Program</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health and Psychosocial Services (MHPSS)</li> <li>• Nutrition Program (Secondary)</li> <li>• Adolescent Reproductive Health (ARH) Program</li> </ul>





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**ENCLOSURE 3: MONITORING TOOL ON OPLAN KALUSUGAN SA DEPED**

**SDO:** Catanduanes **Date:** \_\_\_\_\_

**School:** \_\_\_\_\_

**Direction:** Please check (✓) the appropriate box that best describes the current state of the following OKD Flagship Programs and fill in the required information.

INDICATORS	YES	NO	REMARKS
<b>I. Oplan Kalusugan sa Deped programs are incorporated on SIP/APP/WFP</b>			
<b>II. ARH/NDEP/Mental Health</b>			
1. Maintenance of safe, healthful, and sanitary conditions of school plant (including good emotional/social climate e.g., enforcement of Child Protection Policy/Anti-bullying Policy; and other policies/strategies.			
2. Conduct of appropriate learner's health assessment/s to determine psychosocial risks, issues and concerns (e.g., HEEADSSS Assessment, CARS, etc.)			
3. Display and/or distribute SBC materials on reproductive health, menstrual hygiene, NDEP, and mental health-related instructions/information in strategic locations			
4. Provision of Mental Health and Psychosocial Support Services and/or appropriate interventions to personnel and learners during the opening of classes and those affected by disasters, emergencies, and on extreme life situations (e.g., child abuse			
5. Strictly enforce the ban on smoking and vaping (DO 48, s.2016, and DM 111, s.2019).			
6. Encourage daily physical activities for learners and for personnel in at least 30-60 minutes.			
7. Establishment of a functional learner support center (teen center)/ Adolescent-Friendly Facility in school: a. Availability of peer health navigators			



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b. Functional referral mechanism to service providers			
8. Develop Contingency and/or Crisis Management Plans that will be activated to address pressing psychosocial issues and concerns in school.			
9. Involve parents in addressing psychosocial risk, issues, and concerns of learners - Establish a data bank on parents' contact information/details			
10. Coordinate with potential partners on program implementation and/or provision of adolescent-friendly services			
11. The school has a provision on tobacco cessation and/or intervention (if applicable)			
12. Weekly Iron Folic Acid (WIFA) Supplementation to eligible female learners (if logistics are available)			
13. Yearly program reports and documents are complete and properly filed.			
a. School Disease Surveillance (QUARTERLY)			
b. Reports on Extreme Heat (IF APPLICABLE)			
c. NDEP Accomplishment Report (Monthly)			
d. ARH Reporting (QUARTERLY)			
e. MHPSS Post-Activity Report (as need arises)			
<b>Subtotal</b>			
<b>II. WaSH in Schools (WinS) Program</b>			
1. WinS Data uploaded in OneDrive			
2. Availability of Hygiene Kit per learner			
3. Safe Drinking Water is provided			
4. Quality of water tested regularly (2 times a year)			
5. Water for cleaning is available			
6. Functional toilet ratio 1:50			
7. The toilet is accessible to person with limited mobility			





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8. Toilets are secured, private, with door and lock, lighting, adequate ventilation and wrapping for use of pads are available			
9. Handwashing facilities with soap are available			
10. Availability of hand soap/sanitizers /alcohol-based solutions or other disinfectants on strategic areas			
11. Daily cleaning of toilets and handwashing facilities			
12. Funding for maintenance and repair of toilets and handwashing facilities (SIP/WFP/MOOE)			
13. Segregated trash bins with covers are available in classrooms, toilets, canteen, offices, clinic, play areas, gardens, hallways and gym.			
14. Waste segregation is practiced			
15. Garbage collection, compost facility, and material recovery facility (MRF) are available			
16. Functional septic tank is available for all toilets			
17. Functional drainage from kitchen and wash areas are available			
18. Food handlers have health certificate			
19. Daily supervised handwashing with soap for learners conducted			
20. Indicate the learner and group handwashing facility ratio			
21. Daily supervised toothbrushing activity conducted			
22. Sanitary pads are accessible in school			
23. Deworming is done semi-annually			
<b>Subtotal</b>			
<b>III. School Health Services and School Clinic Management</b>			
1. School Technical Working Groups in health and nutrition program are available			
2. Health and nutrition programs are part of INSET			





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3. Conduct of physical examination in learners, teachers and non-teaching personnel			
4. Posted school monthly/quarterly or annual medical, dental, and nursing schedule			
5. Conduct of medical, dental, nutrition and/or health lectures, trainings and advocacy activities (e.g., curriculum integration, celebrations, etc.)			
6. Dental services are available			
7. Availability of school or office clinic for basic health services (located on strategic area)			
8. Functional School Clinic is well-lighted and properly ventilated			
9. Functional School Clinic have the following facilities: an examination room, treatment room, dental treatment room, drinking, handwashing, and toilet facilities and waiting area			
10. School clinic has basic equipment, supplies and materials ( <i>please show inventory</i> )			
11. Vision test, hearing test, height and weight measurement, health examination/assessment of learners were conducted			
12. Availability of Basic First Aid and Emergency Care Services			
13. Policy on proper use of face mask and respiratory etiquette when flu-like symptoms or contagious respiratory illness			
14. Recording of Daily Treatment that shows the chief complaint/s, findings on examination and management of clients			
15. Recording of referrals in the Referral Logbook			
16. Availability of Referral Slips, Log sheet/Logbook that are needed in School Clinic Management (has referral flow system)			





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17. Data Banking on health reports, records, etc.			
18. Directory or organizations-name address, services provided, contact number and contact person (for referral)			
19. Deployment Plan/Schedule of health personnel on duty			
20. Operationalization of Schools in Response to Notifiable Diseases and Health Events <ul style="list-style-type: none"> <li>a. Institutionalization of Preventive Alert System in School (PASS) or other means of monitoring learners experiencing flu-like symptoms or any symptoms of communicable diseases; and</li> <li>b. Designation of School Disease Surveillance Officer</li> </ul>			
21. Classroom/Offices have proper ventilation (open windows, preferred)			
22. Strictly enforce DO 13, s.2017 (Policy and Guidelines on Healthy Food & Beverages Choices in Schools and in DepEd Offices)			
23. Facilitate the conduct of School-Based Immunization Program annually to eligible learners			
<b>IV. School-Based Feeding Program (SBFP)</b>			
<b>A. Food Delivery &amp; Distribution</b>			
1. Division SBFP Team has conducted an onsite inspection of milk supplier/business operator. Compliant to Implementing Rules & Regulations of RA No. 10611 or Food Safety Act of 2013.			<i>(Note down date of inspection &amp; details in the narrative report)</i>
2. The schedule of schools for delivery is available and displayed in a conspicuous area.			
3. Delivery staff, teaching and non-teaching consignees, inspectors, and volunteers have available areas for handwashing with soap and disinfectants. (They are required to wash			





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and disinfect their hands before and after touching the milk/food packs).			
4. Available storage facilities in the drop-off/feeding center.			
5. Cleanliness of surroundings and proper waste disposal is maintained in drop-off/feeding center.			
6. Inspection and Acceptance report (IAR) Form is available in drop-off centers and all recipient schools.			
7. Food distribution area is clean.			
8. Food distribution area is in good condition.			
9. Distribution of NFP has been continuous since it started.			
10. Distribution of Milk packs/bottles has been continuous since it started.			
11. Prescribed cycle menu plan is followed during the distribution.			
<b>B. Food Safety</b>			
12. Proper storage areas/equipment for Nutritious Food Products are available.			
13. Proper storage areas/equipment for Milk packs/bottles are available.			
14. Food contact surfaces are not sources of contamination.			
15. Storage areas are pest-free.			
16. Storage areas are well-lit and properly ventilated.			
17. There is an available handwashing facility in the feeding area, with a strategic display of information on proper handwashing and proper handwashing is done.			
18. Appropriate handling of food products is followed to ensure food safety.			
19. Parents and other volunteers are in proper attire and proper grooming when handling food products.			
20. Parent volunteer/school staff with food-borne and respiratory ailments are not allowed to handle food.			





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21. Waste management and segregation is practiced in feeding area.			
<b>C. School Head's Program Leadership</b>			
22. The school head organizes the SBFP core group.			
23. Deworming of pupils, especially the beneficiaries, is done twice in a school year.			
24. Nutritional assessment of pupils, especially the beneficiaries, was conducted.			
25. The School Head acts as an advocate of SBFP.			
26. There are plans to sustain SBFP.			
27. The school allocates cash or in-kind counterpart for SBFP implementation.			
<b>D. Participation of Parents and Feeding Coordination</b>			
28. Parents and other volunteers perform their assigned tasks.			
29. Parents attend meetings, and orientation is conducted.			
30. Members of the SBFP core group are actively involved in program implementation.			
31. The Feeding Coordinator effectively manages daily SBFP operations.			
32. The Parents-Teachers Association (PTA) provides active support to SBFP.			
<b>E. Program Reporting</b>			
33. Current SY SBFP reports and documents are complete and properly filed:			
Form 1: Master List of Beneficiaries			
Form 2: Summary of Beneficiaries and Start of Feeding			
Form 3: Record of Daily Feeding			
Form 4: Milk Component-List of Authorized Consignees and School Inspection Team			
Form 5: List of Beneficiaries with/without Milk Intolerance			
Form 6: Record of Deliveries			





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Form 7: Program Termination Report			
Form 8: Parent's Consent Form for Milk Feeding			
34. Current SY SBFP reports and documents are accurate, regularly updated, and submitted on time:			
Form 1: Master List of Beneficiaries			
Form 2: Summary of Beneficiaries and Start of Feeding			
Form 3: Record of Daily Feeding			
Form 4: Milk Component-List of Authorized Consignees and School Inspection Team			
Form 5: List of Beneficiaries with/without Milk Intolerance			
Form 6: Record of Deliveries			
Form 7: Program Termination Report			
Form 8: Parent's Consent Form for Milk Feeding			
35. Previous SY SBFP reports and documents are complete and properly filed.			
36. Previous SY SBFP reports and documents are accurate, regularly updated and submitted on time.			
37. Meetings with stakeholders is/are held at least once a year and completely documented.			
<b>F. Financial Accountability (for School-Led Procurement only)</b>			
38. The school was able to comply with the procurement process in a complete and timely manner.			
39. The prescribed menu plan is followed to ensure effective budget management.			
40. Food served is within the prescribed budget.			
41. Expenses are supported by required receipts.			
42. Liquidation reports are accurate and submitted on time.			
43. The school was able to create local participants for SBFP			





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implementation as a source of funds, in-kind donations, complementary support, or technical assistance.			
44. The school makes accurate recordings and disclosures of fund-raising activities by reflecting these in the SBFP financial reports and reporting to stakeholders.			
<b>Subtotal</b>			

<b>Total no. of "Yes"</b>	
<b>Total no. of "No"</b>	
<b>Percentage</b>	



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<b>ISSUES AND CONCERNS</b>
<b>ACTION/S TAKEN</b>
<b>BEST PRACTICES</b>

Evaluated by:

\_\_\_\_\_  
Signature Over Printed Name

Conforme:

\_\_\_\_\_  
Signature Over Printed Name of  
OKD Focal Person

\_\_\_\_\_  
Signature Over Printed Name of  
School Head



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