



November 19, 2019

Division Memorandum
No. 433, s. 2019

**PREPARATION AND FINAL SELECTION OF ATHLETES TO PARTICIPATE TO THE
2020 PALARONG BICOL**

TO : Public Schools District Supervisor
Elementary and Secondary School Heads
Tournament Managers
Concerned Coaches
Concerned Trainers

RELEASED

DepEd. Division Office of Catanduanes
RECORDS SECTION

Date: NOV 20 2019

Time: 4:30 PM

Initial/Signature: [Signature]

1. **The Training and preparation of athletes prior to the 10 days concentration training for the 2019 Palarong Bicol shall be the responsibility of the winning Municipality.** Selected athletes from other municipalities for team events shall be adopted by the winning municipality. Concerned PSDS's shall facilitate the adoption of the concerned athletes. The Concerned Trainer/Coach shall prepare a training matrix to be submitted to their respective PSDSs for monitoring. Training hours should not be more than four (4) hours per day (6:00 AM – 8AM and 4:00 PM – 6:00 PM). Coaches and athletes are still expected to attend classes. **Coaches are entitled for a service credit proportionate to the number of hours served in excess of 8 hours in a day.** Enclosed is the list of winning athletes per municipality.
2. **The performance of the winning athletes in comparison to the regional standards after the training period shall be the basis for the final selection of athletes.** Athletes whose performance is still far from the regional standards shall NOT be able to join the 2019 Palarong Bicol. They shall however be part of pool of athletes to have a year round training to prepare for the next competition.
3. Monitoring of the municipality based training shall be done anytime from December 2, 2019 until the 10 days concentration training. Composition of the Monitoring Team is found bellow:
Miguel C. Ogalinola, CES
Mary Jean S. Romero, DSSO
Fidel Vegim, Training Director
Concerned PSDS, Tournament Manager and Coach/Trainer
4. Expenses related to this activity are chargeable to School MOOE/SEF/Donations/Sponsorship subject to the usual accounting rules and regulation.
5. For information and compliance.

DANILO E. DESPI
Schools Division Superintendent



Republic of the Philippines
Department of Education
Region V (Bicol)
DIVISION OF CATANDUANES
Virac, Catanduanes



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

BAGAMANOC (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
				Sagrada Elementary School	Bagamanoc
1	Tesorero, Angelyn	Female	Athletics	San Vicente Elementary School	Bagamanoc
2	Tesorero, Sheila Mae	Female	Athletics	San Rafael Elementary School	Bagamanoc
3	Tumala, Janise Kate	Female	Badminton	Bagamanoc Central Elementary School	Bagamanoc
4	Peña, Daniela	Female	Badminton	Bagamanoc Central Elementary School	Bagamanoc
5	Bonayon, Ma. Kristyll	Female	Badminton	San Rafael Elementary School	Bagamanoc
Coach:	Piodena, Mercy A.	Female	Badminton	Obo Elementary School	San Miguel
Asst. Coach:	Torrena, Julieto M.	Male	Badminton	Bagamanoc Central Elementary School	Bagamanoc
1	Vicente, Alwyn	Male	Basketball	Bagamanoc Central Elementary School	Bagamanoc
2	Villanueva, Niel Andrei	Male	Chess	San Vicente Elem. School	Bagamanoc
3	Jacob, Jasper	Male	Swimming	San Vicente Elem. School	Bagamanoc
4	Castillo, Rico	Male	Swimming		Bagamanoc
5	Idanan, Aileen	Female	Swimming		Bagamanoc
6	Vicente, Samantha Nicole	Female	Swimming		Bagamanoc
Coach:	Icaranom, Gladys A.		Swimming		Bagamanoc
1	Villaflor, Kreza Ann	Female	Taekwondo	Bagamanoc Central Elementary School	Bagamanoc
2	Tilo, May Lovely Jean	Female	Taekwondo	Bagamanoc Central Elementary School	Bagamanoc
3	Pagliawan, Liza Dian	Female	Taekwondo	Bagamanoc Central Elementary School	Bagamanoc
4	Evangelista, Reyma V.	Male	Volleyball	Bacak Elementary School	Bagamanoc
Asst. Coach:	Bernardo, Carla R.	Female	Volleyball	Bugao Central Elementary School	Bagamanoc

BAGAMANOC (Secondary)

1	Santos, Jerich	Male	Athletics	Bugao National High School	Bagamanoc
1	Vicente, Regine	Female	Athletics	Bagamanoc Rural Development High School	Bagamanoc
2	Pascua, Kyla Mer	Female	Athletics	Bugao National High School	Bagamanoc
3	Bergonio, Princess Ma. Hannah	Female	Athletics	Bagamanoc Rural Development High School	Bagamanoc
Coach:	Danica Capistrano			Bagamanoc Rural Development High School	Bagamanoc
1	Gianan, Dranreb T.	Male	Basketball	Bugao National High School	Bagamanoc
2	Cabrera, Mark Eric E.	Male	Basketball	Bagamanoc Rural Development High School	Bagamanoc
2	Delos Santos, Jane Venice C.	Female	Billiards	Bagamanoc Rural Development High School	Bagamanoc
Coach:	Villamartin, Teddy	Male	Billiards	San Vicente National High School	Bagamanoc
1	Diana, Mica B. Buban	Female	Sepak Takraw	Bugao National High School	Bagamanoc
2	Rey Anne B. Sesalim	Female	Sepak Takraw	Bugao National High School	Bagamanoc
3	Kristel M. Araojo	Female	Sepak Takraw	Bugao National High School	Bagamanoc
Coach:	Rey T. Tolod	Male	Sepak Takraw	Bugao National High School	Bagamanoc
1	Salvadro, Julius	Male	Swimming	San Vicente National High School	Bagamanoc
2	Bodota, Jethro	Male	Swimming	San Vicente National High School	Bagamanoc
3	De Leon, Nikko	Male	Swimming	Bagamanoc Rural Development High School	Bagamanoc
4	Lanon, Kent Laurence	Male	Swimming	Bagamanoc Rural Development High School	Bagamanoc
1	Diana, Obang	Female	Swimming	San Vicente National High School	Bagamanoc
2	Tindugan, Josiela Marie	Female	Swimming	San Vicente National High School	Bagamanoc
3	Villamartin, Mariane	Female	Swimming	San Vicente National High School	Bagamanoc
4	Angulo, Ella	Female	Swimming	San Vicente National High School	Bagamanoc
5	De Leon, Maica Jane	Female	Swimming	San Vicente National High School	Bagamanoc
6	Obang, Jesseca	Female	Swimming	San Vicente National High School	Bagamanoc
1	Gacer, Axel Mae R.	Female	Volleyball	Bagamanoc Rural Development High School	Bagamanoc



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

ELEMENTARY LEVEL

BARAS (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Trasmano, John Lester	Male	Athletics	Baras Central Elementary School	Baras
2	Samonte, Ariane Jane	Female	Athletics	Tilod Elementary School	Baras
1	Tablizo, John Patric T.	Male	Basketball	Caragumihan Elementary School	Baras
1	Rayven, Tacorda	Male	Swimming	Putsan-Danao Elementary School	Baras
2	Ogalinola, Adrian Paul	Male	Swimming	Putsan-Danao Elementary School	Baras
3	Gonzales, Jenrie Boy	Male	Swimming	Genitligan Elementary School	Baras
4	Icaranom, Benny Jr.	Male	Swimming		Pandan
Coach:	Tatad, Ella S.	Female	Swimming	Genitligan Elementary School	Baras
1	Lora, Jenny Rose	Female	Swimming	Putsan-Danao Elementary School	Baras
2	Timajo, Rhea Mae	Female	Swimming	Putsan-Danao Elementary School	Baras

BARAS (Secondary)

1	Briñas, John Lloyd	Male	Badminton	Baras Rural Development High School	Baras
Asst. Coach	Gordon, Joshua T.	Male	Badminton	Baras Rural Development High School	Baras
1	Tatad, Adrian M.	Male	Chess	Baras Rural Development High School	Baras
1	Geromo, Rudy Jr.	Male	Swimming	Baras Rural Development High School	Baras
2	Trapago, Ivan	Male	Swimming	Baras Rural Development High School	Baras



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

BATO (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Bernal, Jomil	Male	Athletics	Batalay Elementary School	Bato
1	Timbal, Nathaniel T.	Male	Chess	Bato Central Elementary School	Bato
Coach:	Prila, Alden T.	Male	Chess	Cabugao Integrated School	Bato
1	Timajo, Iana Alexa C.	Female	Chess	Bato Central Elementary School	Bato
1	Darang, Arnald Jr. T.	Male	Football	Bato Central Elementary School	Bato
2	Tarroza, John Karl V.	Male	Football	Bato Central Elementary School	Bato
3	Tendenilla, Kelly Kevin T.	Male	Football	Bato Central Elementary School	Bato
Asst. Coach	Manlangit, Sherwyn	Male	Football	Cagraray Elementary School	Bato
1	Sarte, Angel I.	Female	Gymnastics-RG	Marinawa Elementary School	Bato
2	Tevar, Angel Faith	Female	Gymnastics-RG	Guinobatan Elementary School	Bato
3	Templonuevo, Krystal Lhianne	Female	Gymnastics-RG	Bato Central Elementary School	Bato
Coach:	Rizza R. Bailon	Female	Gymnastics-RG	Marinawa Elementary School	Bato
1	Tolentino, Shane	Male	Sepak Takraw Junior	Oguis Elementary School	Bato
1	Teves, Prince	Male	Swimming	Batalay Elementary School	Bato
2	Wiyosel, Carmela	Female	Swimming		Bato
1	Clores, Ma. Lyka	Female	Aerogymnastics	Guinobatan Elementary School	Bato

BATO (Secondary)

4	Tañon, Aga D.	Male	Archery	Bato Rural Development High School	Bato
1	Bello, Jose Andrei	Male	Athletics	Bato Rural Development High School	Bato
2	Vega, Bryan Nick	Male	Athletics	Bato Rural Development High School	Bato
3	Zuniega, Cedric James	Male	Athletics	Cabugao Integrated School	Bato
1	Tapit, Ashley Nicole	Female	Athletics	Bato Rural Development High School	Bato
1	Bernal, Angelo	Male	Badminton	Bato Rural Development High School	Bato
1	Alcorano, Bryan	Male	Baseball	Bato Rural Development High School	Bato
2	Laborera, Jervilson	Male	Baseball	Bato Rural Development High School	Bato
3	Laborera, John Wilson	Male	Baseball	Bato Rural Development High School	Bato
Asst. Coach	Tindugan, Elmar T.	Male	Baseball	Bato Rural Development High School	Bato
1	Taopo, John Basil T.	Male	Basketball	Bato Rural Development High School	Bato
2	Floranza, John Vince	Male	Basketball	Bato Rural Development High School	Bato
1	Valenzuela, May Antonette	Female	Basketball	Bato Rural Development High School	Bato
2	Rodulfo, Hanzelle	Female	Basketball	Bato Rural Development High School	Bato
3	Nachura, Erika	Female	Basketball	Bato Rural Development High School	Bato
4	Tomon, Karyl Maris F.	Female	Basketball	Bato Rural Development High School	Bato
Coach:	Chavez, John Rey B.	Male	Basketball	Bato Rural Development High School	Bato
1	Bernal, Mithee	Female	Billiards	Bato Rural Development High School	Bato
1	Bernal, Jaymark T.	Male	Football	Bato Rural Development High School	Bato
2	Dela Cruz, Mark Joseph	Male	Football	Bato Rural Development High School	Bato
3	Lucas, Laurence Nathaniel	Male	Football	Bato Rural Development High School	Bato
4	Temones, Lee Joseph	Male	Football	Bato Rural Development High School	Bato
1	Taopo, Erica Jane I.	Female	Futsal	Bato Rural Development High School	Bato
2	Molina, Kathleen P.	Female	Futsal	Bato Rural Development High School	Bato
1	Tevar, Kristie Gayle	Female	Gymnastics-RG	Bato Rural Development High School	Bato
2	Robles, Genea Kyla	Female	Gymnastics-RG	Bato Rural Development High School	Bato
1	Lorenz Tabirao	Male	Sepak Takraw	Bato Rural Development High School	Bato
1	Tito, Michelle Mae	Female	Softball	Cabugao Integrated School	Bato
1	Balido, Peter Boy	Male	Swimming	Bato Rural Development High School	Bato
2	Tenerife, Mel Jake	Male	Swimming	Bato Rural Development High School	Bato
Coach:	CHAVEZ, JOHN REY B.	Male	Swimming	Bato Rural Development High School	Bato

BATO (Secondary)

1	Bongalon, Fatima	Female	Tennis	Bato Rural Development High School	Bato
1	Teves, Ericka Mae	Female	Aerogymnastics	Bato Rural Development High School	Bato
2	Lojo, Charles Marion	Male	Aerogymnastics	Bato Rural Development High School	Bato
3	Rodulfo, Maria Hannah	Female	Aerogymnastics	Bato Rural Development High School	Bato
Coach:	Nick Ivan Timajo		Aerogymnastics	Bato Rural Development High School	Bato



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

CARAMORAN (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	De Quiros, Joe James	Male	Athletics	Tucao-Maysuram Elementary School	Caramoran
2	De Luna, Gadelyn Ann	Female	Athletics	Caramoran Central Elementary School	Caramoran
1	San Juan, Nifia Rita C.	Female	Chess	Dariao Elementary School	Caramoran
Coach	Abraham, Romeo S.	Female	Chess	Mabini Elementary School	Caramoran
1	Duroy, Dominic	Male	Sepak Takraw Junior	Mabini Elementary School	Caramoran

CARAMORAN (Secondary)

1	Solmiano, Lemuel	Male	Athletics	Caramoran School of Fisheries	Caramoran
1	San Juan, Honey Joyce	Female	Athletics	Caramoran Rural Development High School	Caramoran
2	Barra, Joanna	Female	Athletics	Caramoran School of Fisheries	Caramoran
1	Bermejo, James Z.	Male	Billiards	Dariao National High School	Caramoran
1	De Quiroz, Roxelle Mae Z.	Female	Chess	Caramoran Rural Development High School	Caramoran
1	Mark Sandy B. Bite	Male	Sepak Takraw	Caramoran School of Fisheries	Caramoran
2	Nicanor N. Alpon	Male	Sepak Takraw	Tubli Natioanal High School	Caramoran
3	Noe Aguilar, Jr.	Male	Sepak Takraw	Tubli Natioanal High School	Caramoran
1	Alexa Mae B. Rodriguez	Female	Sepak Takraw	Caramoran School of Fisheries	Caramoran
2	Janna T. Brizo	Female	Sepak Takraw	Caramoran School of Fisheries	Caramoran
1	Delos Reyes, Carlo Jay C.	Male	Volleyball	Caramoran Rural Development High School	Caramoran
2	Purisima, Salvador	Male	Volleyball	Caramoran Rural Development High School	Caramoran
3	Villareal, Rey mark	Male	Volleyball	Caramoran Rural Development High School	Caramoran
4	Eusebio, Norman	Male	Volleyball	Palumbanes Integrated School	Caramoran
1	Tafroquin, Brent	Male	Wrestling	Caramoran Rural Development High School	Caramoran
2	Coral, Mark Lester	Male	Wrestling	Caramoran Rural Development High School	Caramoran
3	Torreda, Nel Mark	Male	Wrestling	Caramoran Rural Development High School	Caramoran
4	Bernardino, Arjay	Male	Wrestling	Caramoran Rural Development High School	Caramoran
Coach	Israel, Sherwin Z.	Male	Wrestling	Caramoran Rural Development High School	Caramoran
1	Idusora, Ma. Jessa	Female	Wrestling	Caramoran Rural Development High School	Caramoran
2	Reason, Leah Jane	Female	Wrestling	Caramoran Rural Development High School	Caramoran
Coach	Clores, Denise	Female	Wrestling	Caramoran Rural Development High School	Caramoran



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

GIGMOTO (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Jimenez, Edrian S.	Male	Gymnastics-MAG	Gigmoto Central Elementary School	Gigmoto
2	Ogalesco, Mark Joseph	Male	Gymnastics-MAG	Gigmoto Central Elementary School	Gigmoto
Coach:	Norilyn T. San Ramon	Male	Gymnastics-MAG	San Pedro Elementary School	Gigmoto
1	Tud, Lianne Jhobel	Female	Gymnastics-WAG	Gigmoto Central Elementary School	Gigmoto
2	Buenafe, Josefa Carla	Female	Gymnastics-WAG	Gigmoto Central Elementary School	Gigmoto
3	Tuonan, Marites	Female	Gymnastics-WAG	Gigmoto Central Elementary School	Gigmoto
Coach:	Marites Dayawon	Female	Gymnastics-WAG	Gigmoto Central Elementary School	Gigmoto
1	Tatad, Jewel Psalm	Female	Tennis	Gigmoto Central Elementary School	Gigmoto
1	Mendoza, Ysmael Nathan T.	Male	Volleyball	Biong Elementary School	Gigmoto
2	Fetizanan, James A.	Male	Volleyball	Biong Elementary School	Gigmoto
1	Namoc, Kevin	Male	Aerogymnastics	Gigmoto Central Elementary School	Gigmoto
2	Tud, Alysah Shyr	Female	Aerogymnastics	Gigmoto Central Elementary School	Gigmoto
3	Tayoto, John Michael	Male	Aerogymnastics	Gigmoto Central Elementary School	Gigmoto
Coach:	Rodel Tayo	Coach	Aerogymnastics	Dominador Elementary School	Gigmoto

GIGMOTO (Secondary)

1	Jimenez, Edwin S.	Male	Gymnastics-MAG	Gigmoto Rural Development High School	Gigmoto
2	Tagoo, Jayper	Male	Gymnastics-MAG	Gigmoto Rural Development High School	Gigmoto
Coach:	Carmelo T. Tatad	Male	Gymnastics-MAG	Gigmoto Central Elementary School	Gigmoto
1	Arcilla, Cleo B.	Female	Gymnastics-RG	Gigmoto Rural Development High School	Gigmoto
1	Morales, Lealyn T.	Female	Gymnastics-WAG	Gigmoto Rural Development High School	Gigmoto
Coach:	Christopher A. Tud	Female	Gymnastics-WAG	Gigmoto Rural Development High School	Gigmoto
1	Joven T. Timbal	Male	Sepak Takraw	Dororian National High School	Gigmoto
2	Bobby P. Tarroza	Male	Sepak Takraw	Dororian National High School	Gigmoto
3	Marlou C. Tindoc	Male	Sepak Takraw	Dororian National High School	Gigmoto
4	John Paul Soquiron	Male	Sepak Takraw	Dororian National High School	Gigmoto
Coach:	Tomes, Edwin	Male	Sepak Takraw	Dororian National High School	Gigmoto
1	Sarmiento, G.H. Amphie	Female	Tennis	Gigmoto Rural Development High School	Gigmoto
1	Tatel, Hussell Mhel John	Male	Volleyball	Gigmoto Rural Development High School	Gigmoto
2	Tolledo, John Fiel T.	Male	Volleyball	Gigmoto Rural Development High School	Gigmoto
3	Torillos, Jerome	Male	Volleyball	Gigmoto Rural Development High School	Gigmoto
4	Tubalinal, Ian Joshua T.	Male	Volleyball	Gigmoto Rural Development High School	Gigmoto
Coach:	John Rey T. Manlagnit	Male	Volleyball	Gigmoto Rural Development High School	Gigmoto



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

PANDAN (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Alcantara, Jenjireh	Male	Athletics	Oga Elementary School	Pandan
2	Cantar, Gian Carlo	Male	Athletics	Balagnonan Elementary School	Pandan
3	De Quiros, Martin	Male	Athletics	Tariwara Elementary School	Pandan
4	Sanches, Saul Jr.	Male	Athletics	Pandan Central Elementary School	Pandan
5	Velarde, Dave	Male	Athletics	Baldoc Elementary School	Pandan
Coach:	Andrew A. Azul	Male	Athletics	Hiyop Elementary School	Pandan
1	Idanan, Daryll Ken	Male	Badminton	Tabugoc Central Elementary School	Pandan
2	Villafuerte, Beansel	Male	Badminton	Tabugoc Central Elementary School	Pandan
Asst. Coach	Ibardaloza, Ginalyn I.	Female	Badminton	Tabugoc Central Elementary School	Pandan
1	Icaranom, Benny Jr.	Male	Swimming		Pandan
1	Isorena, Abby Lyn	Female	Swimming		Pandan
2	Niola, Kyle	Female	Swimming		Pandan
1	Baron, Jasreen Mae	Female	Taekwondo	Pandan Central Elementary School	Pandan
2	Iblasin, Raciell Ann	Female	Taekwondo	Pandan Central Elementary School	Pandan

PANDAN (Secondary)

1	Lopez, Patrick	Male	Athletics	Pandan School of Arts and Trades	Pandan
2	Bermejo, Sethro Dy	Male	Athletics	Pandan School of Arts and Trades	Pandan
3	Caballero, Michael Angelo	Male	Athletics	Leandro I. Verceles Sr. National high School	Pandan
4	Eustaquio, Patrick	Male	Athletics	Pandan School of Arts and Trades	Pandan
Coach:	Rean Lou Tumanio	Male	Athletics	Pandan School of Arts and Trades	Pandan
1	Eugenio, Rowela	Female	Athletics	Pandan School of Arts and Trades	Pandan
2	De Quiros, Ma. Sheila	Female	Athletics	Pandan School of Arts and Trades	Pandan
1	Idusora, Jayson	Male	Baseball	Pandan School of Arts and Trades	Pandan
1	Balmaceda, Armil P.	Male	Basketball	Pandan School of Arts and Trades	Pandan
2	Cueme, Angeline	Female	Basketball	Pandan School of Arts and Trades	Pandan
3	Eusebio, Abegail	Female	Basketball	Pandan School of Arts and Trades	Pandan
4	Posada, Roselle Jean	Female	Basketball	Pandan School of Arts and Trades	Pandan
1	Trinidad, Charles Darwin	Male	Boxing	Pandan School of Arts and Trades	Pandan
2	Baltazar, Mark Anthony	Male	Boxing	Pandan School of Arts and Trades	Pandan
1	Noceda, Juan Antonio B.	Male	Volleyball	Pandan School of Arts and Trades	Pandan
2	Alcantara, Aubrey Ann	Female	Volleyball	Pandan School of Arts and Trades	Pandan



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

PANGANIBAN (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Rodriguez, Daniel	Male	Taekwondo	Panganiban Central Elementary School	Panganiban
2	Marcos, Rich Kyle	Male	Taekwondo	Panganiban Central Elementary School	Panganiban
3	Cebalo, Fatima	Female	Taekwondo	Panganiban Central Elementary School	Panganiban

PANGANIBAN (Secretary)

1	Obosa, Justin Jay	Male	Athletics	Panganiban National High School (CAIC Compound)	Panganiban
1	Magtangob, Iarah Bianca	Female	Athletics	Panganiban National High School (CAIC Compound)	Panganiban
1	Faustino, Franz Belle	Female	Badminton	Panganiban National High School (CAIC Compound)	Panganiban
2	Cueva, Jessa Rose	Female	Badminton	Panganiban National High School (CAIC Compound)	Panganiban
3	Robles, Samantha	Female	Badminton	Panganiban National High School (CAIC Compound)	Panganiban
Coach:	Tano, Mariel A.	Female	Badminton	Panganiban National High School (CAIC Compound)	Panganiban
1	Ceballo, Mark Kian	Male	Baseball	Panganiban National High School (CAIC Compound)	Panganiban
2	Dela Rosa, Carlo	Male	Baseball	Panganiban National High School (CAIC Compound)	Panganiban
1	Louei Potenciano	Male	Sepak Takraw	Panganiban National High School (CAIC Compound)	Panganiban
1	Villanueva, Sophia Mae	Female	Table Tennis	Panganiban National High School (CAIC Compound)	Panganiban
2	Villarete, Andrea Nicole	Female	Table Tennis	Panganiban National High School (CAIC Compound)	Panganiban
3	Balmaceda, Janine	Female	Table Tennis	Panganiban National High School (CAIC Compound)	Panganiban
Coach:	Valledor, Glenn	Male	Table Tennis	Panganiban National High School (CAIC Compound)	Panganiban
1	Vargas, John Paul	Male	Volleyball	Panganiban National High School (CAIC Compound)	Panganiban
1	Villamor, Shara Mae	Female	Volleyball	Panganiban National High School (CAIC Compound)	Panganiban



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

SAN ANDRES (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Espinosa, Raven P.	Male	Basketball	San Andres Central Elementary School	San Andres
2	Valenzuela, Andrew R.	Male	Basketball	Bon-ot Elementary School	San Andres
3	Marino, John Lloyd	Male	Basketball	Catagbacan Elementary School	San Andres
1	Socao, Jhad Adriel	Male	Gymnastics/MAG	Palawig Elementary School	San Andres
1	Ferrer, Andrei B.	Male	Sepak Takraw Junior	Yocti Elementary School	San Andres
2	Torreda, John Rey T.	Male	Sepak Takraw Junior	Yocti Elementary School	San Andres
Coach:	Francisco, Resty M.	Male	Sepak Takraw Junior	Yocti Elementary School	San Andres
1	Brizo, Aldren Kyle T.	Male	Volleyball	Manambrag Elementary School	San Andres
2	Fernandez, Roy S.	Male	Volleyball	Manambrag Elementary School	San Andres
3	Balderama, Roger Jr. I.	Male	Volleyball	Manambrag Elementary School	San Andres
4	Guerrero, Darryl B.	Male	Volleyball	Manambrag Elementary School	San Andres
5	Barro, John Carl	Male	Volleyball	Manambrag Elementary School	San Andres
6	Cristo, Joh Carlo A.	Male	Volleyball	Manambrag Elementary School	San Andres
Coach:	Balderama, Elizaldy H.	Male	Volleyball	Manambrag Elementary School	San Andres
1	Torres, Jazzy S.	Female	Volleyball	Manambrag Elementary School	San Andres
2	Castillo, Eileen Ashley M.	Female	Volleyball	Manambrag Elementary School	San Andres
3	Basister, Christal Gean	Female	Volleyball	Manambrag Elementary School	San Andres
4	Havana, Krisha Mae A.	Female	Volleyball	Bagong Sirang Elementary School	San Andres
5	Barro, Angelica	Female	Volleyball	Manambrag Elementary School	San Andres
Coach:	Borre, Michelle M.	Female	Volleyball	Manambrag Elementary School	San Andres

SAN ANDRES (Secondary)

1	Gil, Trisha Nicole V.	Female	Archery	San Andres Vocational School	San Andres
1	Collantes, Russel L.	Male	Arnis	San Andres Vocational School	San Andres
2	Manlagnit, John Rick B.	Male	Arnis	San Andres Vocational School	San Andres
3	Facundo, Myles Andrei M.	Male	Arnis	San Andres Vocational School	San Andres
4	Sntelices, Arjay V.	Male	Arnis	San Andres Vocational School	San Andres
Coach:	Arcega, Lito M.	Male	Arnis	San Andres Vocational School	San Andres
1	Soqueña, Rona	Female	Arnis	San Andres Vocational School	San Andres
2	Rufino, Irish	Female	Arnis	San Andres Vocational School	San Andres
3	Tolledo, Madel	Female	Arnis	San Andres Vocational School	San Andres
1	Antonio, Eugene	Male	Athletics	San Andres Vocational School	San Andres
1	Leosala, Marvic C.	Male	Basketball	San Andres Vocational School	San Andres
2	Samudio, Edson P.	Male	Basketball	San Andres Vocational School	San Andres
1	Bocaya, Zanfra	Female	Basketball	Mayngaway National High School	San Andres
2	Soneja, Kyla	Female	Basketball	San Andres Vocational School	San Andres
3	Briones, Jonalyn D.	Female	Basketball	San Andres Vocational School	San Andres
1	Mayorga, Steven S.	Male	Chess	Codon National High School	San Andres
Coach:	Vargas, Rey P.	Male	Chess	Codon National High School	San Andres
1	Salvador Sopranes	Male	Sepak Takraw	Lictin Integrated School	San Andres
1	Borre, Alex Peter	Male	Taekwondo	San Andres Vocational School	San Andres
1	Buena, Eliza Danvera	Female	Taekwondo	San Andres Vocational School	San Andres
1	Santelices, Floretino Jose S.	Male	Volleyball	San Andres Vocational School	San Andres
2	Barro, Mark Angelo S.	Male	Volleyball	Manambrag National High School	San Andres
Asst. Coach:	Reynaldo Catolico	Male	Volleyball	Manambrag National High School	San Andres
1	Manoquid, Rheabel B.	Female	Volleyball	San Andres Vocational School	San Andres

1	Subion, Razell	Male	Dancesports(Standard Category)	San Andres Vocational School	San Andres
2	Salazar, Princess	Female	Dancesports(Standard Category)	San Andres Vocational School	San Andres
Coach:	Laurento, Rachel S.	Female	Dancesports(Standard Category)	San Andres Vocational School	San Andres
1	Chavez, Lewis Lenox L.	Male	Dancesports(Latin Category)	San Andres Vocational School	San Andres
2	Lumabi, Jasmine T.	Female	Dancesports(Latin Category)	San Andres Vocational School	San Andres
Coach:	Reyes, Mary Joy C.	Female	Dancesports(Latin Category)	San Andres Vocational School	San Andres



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

SAN MIGUEL (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Bañas, Neil Andrei	Male	Badminton	San Miguel Central Elementary School	San Miguel
2	Bernal, Jade Hayden	Male	Badminton	San Miguel Central Elementary School	San Miguel
Coach:	Soriao, Joel M.	Male	Badminton	San Miguel Central Elementary School	San Miguel
1	Rodriguez, Zyra	Female	Badminton	San Miguel Central Elementary School	San Miguel
Asst. Coach	Torrena, Julieta M.	Male	Badminton	Obo Elementary School	San Miguel
1	Bigtas, Jerry James	Male	Basketball	San Miguel Central Elementary School	San Miguel
1	Burac, Jenny Rose	Female	Swimming		San Miguel
2	Paron, Princes Valerie	Female	Swimming		San Miguel
1	Jarilla, Jade V.	Male	Table Tennis	San Miguel Central Elementary School	San Miguel
2	Tapar, Raindyl Jay B.	Male	Table Tennis	San Miguel Central Elementary School	San Miguel
1	Dolor, Kelvin Rhen A.	Male	Volleyball	Mabato Central Elementary School	San Miguel
2	Teleb, Gabriel Benedict M.	Male	Volleyball	Mabato Central Elementary School	San Miguel
1	Banas, Toni Rose T.	Female	Volleyball	Mabato Central Elementary School	San Miguel
2	Teves, Abbie Charies R.	Female	Volleyball	San Miguel Central Elementary School	San Miguel

SAN MIGUEL (Secondary)

1	Tapanan, Joshua T.	Male	Arnis	San Miguel Rural Development High School	San Miguel
1	Burac, Angel Heart A.	Female	Arnis	San Miguel Rural Development High School	San Miguel
2	Dela Cruz, Althea	Female	Arnis	San Miguel Rural Development High School	San Miguel
Coach:	Tatel, Catherine V.	Female	Arnis	San Miguel Rural Development High School	San Miguel
1	Dablo, Edsel	Male	Athletics	Mabato High School SMRDHS Annex	San Miguel
1	Balbeja, Pablo	Male	Badminton	San Miguel Rural Development High School	San Miguel
2	Manibale, Marvin	Male	Badminton	San Miguel Rural Development High School	San Miguel
Coach:	Alcantara, Martin Philip T.	Male	Badminton	San Miguel Rural Development High School	San Miguel
1	Soriao, Aphol	Female	Badminton	San Miguel Rural Development High School	San Miguel
Asst. Coach	Alcantara, Martin Philip	Male	Badminton	San Miguel Rural Development High School	San Miguel
1	Ticson, Albert A.	Male	Basketball	San Miguel Rural Development High School	San Miguel
1	Tomboc, Mark Kian	Male	Boxing	Mabato High School SMRDHS Annex	San Miguel
2	Sur, James	Male	Boxing	Mabato High School SMRDHS Annex	San Miguel
3	Abraham, Victor	Male	Boxing	Mabato High School SMRDHS Annex	San Miguel
Coach:	Magtangob, Noel T.	Male	Boxing	Mabato High School SMRDHS Annex	San Miguel
1	Boseo, Mel Jhon	Male	Gymnastics-MAG	San Miguel Rural Development High School	San Miguel
1	Tevar, Rose	Female	Swimming	San Miguel Rural Development High School	San Miguel
2	Tavera, Kashieva Danaya	Female	Swimming	San Miguel Rural Development High School	San Miguel
1	Marin, Arci	Male	Table Tennis	San Miguel Rural Development High School	San Miguel



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

VIGA (Elementary)

	NAME OF ATHLETES	Gender	EVENT	SCHOOL	MUNICIPALITY
1	Oclo, John Kevin	Male	Athletics	Begonia Elementary School	Viga
2	Penafhel, Jeric Rain	Male	Athletics	Tambongon Elementary School	Viga
1	Omayan, Shelden Joy	Female	Athletics	Tambongon Elementary School	Viga
2	Torregoza, Bella	Female	Athletics	Tambongon Central Elementary School	Viga
1	Tapar, Joan Christine D.	Female	Volleyball	Begonia Elementary School	Viga
2	Templonuevo, Rosanna Charisse G.	Female	Volleyball	Viga Central Elementary School	Viga
3	Vega, Giannae Nicole B.	Female	Volleyball	Viga Central Elementary School	Viga
1	Tumaque, Rechie T.	Female	Volleyball	Ananong Elementary School	Viga
Asst. Coach:	Odiaman, Donald Randy O.	Male	Volleyball	San Vicente Elem. School	Viga

VIGA (Elementary)

1	Omigan, Romnick	Male	Athletics	Tambongon National High School	Viga
1	Cabangon, Neil Joshua	Male	Swimming		Viga
1	Olino, Nhadyle Rose O.	Female	Volleyball	Viga Rural Development High School	Viga
2	Tubeo, Aika Loudene D.	Female	Volleyball	Viga Rural Development High School	Viga
3	Torio, Faith T.	Female	Volleyball	Viga Rural Development High School	Viga
4	Tudio, Aila Marie T.	Female	Volleyball	Viga Rural Development High School	Viga
5	Pena, Ma. Lizette R.	Female	Volleyball	Viga Rural Development High School	Viga
6	Arrojo, Jozille R.	Female	Volleyball	Viga Rural Development High School	Viga
Coach:	Leandro W. Abrera	Female	Volleyball	Viga Rural Development High School	Viga



LIST OF SELECTED ATHLETES FOR PALARONG BICOL 2020

VIRAC (Elementary)				SCHOOL	MUNICIPALITY
	NAME OF ATHLETES	Gender	EVENT		
				San Vicente Elementary School	Virac
1	Berwita, Ladylyn	Female	Athletics	Juan M. Alberto Memorial Elementary School	Virac
2	Molod, Germaine Ynan	Female	Athletics	Dugui San Isidro Elementary School	Virac
3	Quintal, Rea	Female	Athletics	Tambongon Elementary School	Virac
4	Tenoria, Jhorica	Female	Athletics	Juan M. Alberto Memorial Elementary School	Virac
Coach:	Mary Joy M. Tabuzo	Female	Athletics		Virac
1	Bea, Chris Allen	Male	Baseball	Buyo Integrated School	Virac
2	Zafe, Paul Jake	Male	Baseball	Buyo Integrated School	Virac
3	Bustamante, Renz	Male	Baseball	Buyo Integrated School	Virac
4	Gil, Kenn Heart	Male	Baseball	Buyo Integrated School	Virac
5	Tabor, Jan Philip	Male	Baseball	Buyo Integrated School	Virac
6	Edeo, John Benjie	Male	Baseball	Buyo Integrated School	Virac
7	Panti, Mark Christian	Male	Baseball	Juan M. Alberto Memorial Elementary School	Virac
8	Pitajen, Jonas, James	Male	Baseball	Buyo Integrated School	Virac
9	Vargas, Herald	Male	Baseball	Buyo Integrated School	Virac
10	Panti, Aldrin	Male	Baseball	Buyo Integrated School	Virac
11	Melgar, Jay Angelo	Male	Baseball	Buyo Integrated School	Virac
12	Zafe, Ace	Male	Baseball	Buyo Integrated School	Virac
Coach:	Oliveros, Vernie S.	Male	Baseball		Virac
1	Orendain, Craig Jester	Male	Basketball	Juan M. Alberto Memorial Elementary School	Virac
2	Romero, Asher Kaiser B.	Male	Basketball	Virac Pilot Elementary School	Virac
3	Almodavar, Lander Chris Z.	Male	Basketball	Virac Pilot Elementary School	Virac
4	Sarmiento, Herdie Emmanuel R.	Male	Basketball	Virac Pilot Elementary School	Virac
5	Buendia, Kurt Kennard T.	Male	Basketball	Virac Pilot Elementary School	Virac
6	Vargas, Rannino P.	Male	Basketball	Virac Pilot Elementary School	Virac
Coach:	Callos, Arjay	Male	Basketball	Virac Pilot Elementary School	Virac
1	Alvarez, Kravin John R.	Male	Football	Juan M. Alberto Memorial Elementary School	Virac
2	Ariate, Kent Jessie T.	Male	Football	Virac Pilot Elementary School	Virac
3	Balmadrid, Joshue Ambrose	Male	Football	Virac Pilot Elementary School	Virac
4	Chavez, Homer Angelo P.	Male	Football	Virac Pilot Elementary School	Virac
5	Custodio, Justin Leel.	Male	Football	Virac Pilot Elementary School	Virac
6	De Mesa, Kyle Gabriel S.	Male	Football	Virac Pilot Elementary School	Virac
7	Pena, Alijah Dexter	Male	Football	Juan M. Alberto Memorial Elementary School	Virac
8	Rubio, Jian Franco V.	Male	Football	Virac Pilot Elementary School	Virac
9	Sunga, Dexter Darwin T.	Male	Football	Calatagan Elementary School	Virac
10	Tyson, Jessie Gel	Male	Football	Virac Pilot Elementary School	Virac
11	Teves, Marc Jestoni R.	Male	Football	Virac Pilot Elementary School	Virac
12	Toledo, Chyle Zedrick G.	Male	Football	Juan M. Alberto Memorial Elementary School	Virac
13	Tumala, Adrian A.	Male	Football	Juan M. Alberto Memorial Elementary School	Virac
14	Balin, Joseph Eiro	Male	Football	Virac Pilot Elementary School	Virac
Coach:	Camacho, Cecilia B.	Female	Football		Virac
1	Davis, Jennylyn B.	Female	Softball	Antipolo Elementary School	Virac
2	Tabian, Daninn M.	Female	Softball	Antipolo Elementary School	Virac
3	Bagadiong, Madison Jade A.	Female	Softball	Antipolo Elementary School	Virac
4	Balmaceda, Edryen V.	Female	Softball	Hawan Elementary School	Virac
5	Nedia, Rina Joy	Female	Softball	Palnab Elementary School	Virac
6	Clemente, Barn Q.	Female	Softball	Antipolo Elementary School	Virac
7	Arcilla, Lyka Mae	Female	Softball	Palnab Elementary School	Virac
8	Camposano, Rhean Mae B.	Female	Softball	Palnab Elementary School	Virac
9	Soner, Nicole	Female	Softball	Balite Elementary School	Virac
10	Bagadiong, Angela	Female	Softball	Balite Elementary School	Virac
11	Ramones, Daniela	Female	Softball	Balite Elementary School	Virac
12	Buentiempo, Pauline V.	Female	Softball	Virac Pilot Elementary School	Virac
Coach:	Sierra, Jesse B.	Male	Softball	Antipolo Elementary School	Virac
Asst. Coach:	Salvidar, Gengie F.	Female	Softball	Palta Elementary School	Virac

Reporter:	Vargas, Charmaine A.	Female	Softball	Igang Elementary School	Virac
1	Bayoca, Mark Arby	Male	Swimming	Taytay Elementary School	Virac
2	Seña, Shan Niño	Male	Swimming	Virac Pilot Elementary School	Virac
3	Arcilla, Sam Denrick	Male	Swimming	Virac Pilot Elementary School	Virac
4	Bombase, Annie Bee	Female	Swimming		Virac
1	Siwane, Clinton	Male	Table Tennis	Magnesia Elementary School	Virac
2	Temporosa, Jier Vien	Male	Table Tennis	Magnesia Elementary School	Virac
3	Robles, Princess Jel A.	Female	Table Tennis		
4	De Vera, Cassiopea	Female	Table Tennis	Magnesia Elementary School	Virac
5	Velchez, Rachele Antonette	Female	Table Tennis		
1	Torrecampo, Seth David	Male	Tennis	Calatagan Elementary School	Virac
2	Sarmiento, Jair Adriel T.	Male	Tennis	Virac Pilot Elementary School	Virac
3	Sarmiento, Jeb Abiel T.	Male	Tennis	Virac Pilot Elementary School	Virac
4	Valencia, Arnel Jr.	Male	Tennis	Sto Domingo Elementary School	Virac
Coach:	Padilla, Paul John C.	Male	Tennis	Virac Pilot Elementary School	Virac
1	Tabuzo, Lyane Faye	Female	Tennis	Taytay Elementary School	Virac
2	Gonzales, Marian Joyce S.	Female	Tennis	Taytay Elementary School	Virac
3	Santelices, Lougie	Female	Tennis	Taytay Elementary School	Virac
Coach:	Gonzales, Mary Ann S.	Female	Tennis	Taytay Elementary School	Virac
1	Porte, Eyquien Jose M.	Male	Volleyball	Palta Elementary School	Virac
2	Gianan, Xarino Joy A.	Female	Volleyball	Virac Pilot Elementary School	Virac
1	Bagadiong, Jericho Jade B.	Male	Dancesports(Standard Category)	Sto. Cristo Elementary School	Virac
2	Rabida, Micah Angela M.	Female	Dancesports(Standard Category)	Sto. Cristo Elementary School	Virac
Coach:	Romero, P. Maricon	Female	Dancesports(Standard Category)	Sto. Cristo Elementary School	Virac
1	San Juan, Justin B.	Male	Dancesports(Latin Category)	Sto. Cristo Elementary School	Virac
2	Papango, Mel Irish P.	Female	Dancesports(Latin Category)	Sto. Cristo Elementary School	Virac
Coach:	Borja, Ana Liza M.	Female	Dancesports(Latin Category)	Sto. Cristo Elementary School	Virac

VIRAC (Secondary)

1	Tacorda, John Jr. L.	Male	Archery	Catanduanes National High School	Virac
2	Tatel, John Hermie T.	Male	Archery	Catanduanes National High School	Virac
3	Avila, Ian Joshua S.	Male	Archery	Catanduanes National High School	Virac
Coach:	Llagas, Emerson B.	Male	Archery	Catanduanes National High School	Virac
1	Matienzo, Jamaica C.	Female	Archery	Catanduanes National High School	Virac
2	Riosa, Alyssa Nicole B.	Female	Archery	Catanduanes National High School	Virac
3	Quintal, Zyra Angelle	Female	Archery	Catanduanes National High School	Virac
Coach:	Llagas, Emerson B.	Male	Archery	Catanduanes National High School	Virac
1	Caidoy, Gremloiz	Male	Athletics	Catanduanes National High School	Virac
1	Palacio, Annie Jane	Female	Athletics	Calatagan High School	Virac
2	Isidoro, Ialyza Jean	Female	Athletics	Catanduanes National High School	Virac
1	Vargas, Guiller	Male	Baseball	Buyo Integrated School	Virac
2	Panti, Jan Chris	Male	Baseball	Catanduanes National High School	Virac
3	Bernardino, Kurt Cedric	Male	Baseball	Catanduanes National High School	Virac
4	Vergara, Renzo Jay	Male	Baseball	Buyo Integrated School	Virac
5	Romero, Jasper	Male	Baseball	Buyo Integrated School	Virac
6	Posada, Florencio	Male	Baseball	Catanduanes National High School	Virac
Coach:	Faustino, Floriano A.	Male	Baseball	Buyo Integrated School	Virac
1	Sarmiento, Jay Arr N.	Male	Basketball	Catanduanes National High School	Virac
2	Alberto Ernesto T.	Male	Basketball	Catanduanes National High School	Virac
3	Arcilla, Ira George V.	Male	Basketball	Catanduanes National High School	Virac
4	Asas, Jan Eric V.	Male	Basketball	Catanduanes National High School	Virac
Coach:	Robles, Vernie A.	Male	Basketball	Catanduanes National High School	Virac
1	Gurrobat, Tricia Mitch	Female	Basketball	Palta National High School	Virac
2	Romero, Angela	Female	Basketball	Catanduanes Colleges	Virac
1	Magtangob, Cyril V.	Male	Billiards	Catanduanes National High School	Virac
1	Maliñana, Rheysan	Male	Boxing	Catanduanes National High School	Virac
1	Olalo, Faith Love C.	Female	Chess	Calatagan High School	Virac
Coach:	Khan, Reashiela L.	Female	Chess	Calatagan High School	Virac
1	Alberto, Franz Daniele P.	Male	Football	Catanduanes National High School	Virac
2	Arcilla, Dexter Renz S.	Male	Football	Immaculate Concepcion Seminary Academy	Virac

3	Avila, Franz Nathaniel	Male	Football	Catanduanes National High School	Virac
4	Avila, Lion Nathaniel	Male	Football	Catanduanes National High School	Virac
5	Avila, Lion Nathaniel II	Male	Football	Immaculate Concepcion Seminary Academy	Virac
6	De Leon, Nathaniel John G.	Male	Football	Catanduanes National High School	Virac
7	Delluza, Vince Pietre T.	Male	Football	Catanduanes National High School	Virac
8	Gimenez, Franz Dominic	Male	Football	Immaculate Concepcion Seminary Academy	Virac
9	Go, Rui Cedio M.	Male	Football	Catanduanes National High School	Virac
10	Panti, Cairo M.	Male	Football	Catanduanes National High School	Virac
11	Panti, John Leroy	Male	Football	Immaculate Concepcion Seminary Academy	Virac
12	Rodriguez, John Louie T.	Male	Football	Catanduanes National High School	Virac
13	Salamena, Ian Noriel T.	Male	Football	Catanduanes National High School	Virac
14	Tumampil, Marc Lorenz	Male	Football	Catanduanes National High School	Virac
Coach:	Vargas, Romeo Jr. O.	Male	Football	Catanduanes National High School	Virac
1	Arcilla, Ashley Nichole M.	Female	Futsal	Catanduanes National High School	Virac
2	Benavidez, Nishina C.	Female	Futsal	Catanduanes National High School	Virac
3	Magdaraog, Luts Franchezca	Female	Futsal	Catanduanes National High School	Virac
4	Orandain, Alyanna Rouwvhen	Female	Futsal	Catanduanes National High School	Virac
5	Pereyra, Winah Danielle S.	Female	Futsal	Catanduanes National High School	Virac
6	Quiñones, Heart C.	Female	Futsal	Catanduanes National High School	Virac
7	Quiñones, Hilani S.	Female	Futsal	Catanduanes National High School	Virac
8	Tardecilla, Quennie N.	Female	Futsal	Catanduanes National High School	Virac
9	Tubice, Vivien Joyce C.	Female	Futsal	Catanduanes National High School	Virac
10	Urbano, Danielle	Female	Futsal	Catanduanes National High School	Virac
Coach:	Bordeos, Rodel S.	Male	Futsal	Catanduanes National High School	Virac
Coach:	Minda Capsa	Female	Gymnastics-RG	Catanduanes National High School	Virac
1	Berces, Francel	Female	Gymnastics-WAG	Catanduanes National High School	Virac
2	Tabilog, Kathleen Joy	Female	Gymnastics-WAG	Catanduanes National High School	Virac
1	Joevan Perez	Male	Sepak Takraw	Catanduanes National High School	Virac
2	Robert M. Rebestual	Male	Sepak Takraw	Catanduanes National High School	Virac
1	San Juan, Nicole B.	Female	Softball	Catanduanes National High School	Virac
2	Vidamo, Hanna Mae B.	Female	Softball	Antipolo National High School	Virac
3	Recto, Richelle Ann	Female	Softball	Catanduanes National High School	Virac
4	Vargas, Syra Mae	Female	Softball	Catanduanes National High School	Virac
5	Manlangit, Dianne	Female	Softball	Palta National High School	Virac
6	Vargas, Kristine D.	Female	Softball	Catanduanes National High School	Virac
7	Paaño, Arlene	Female	Softball	Antipolo National High School	Virac
8	Garcia, Ellen Mae M.	Female	Softball	Antipolo National High School	Virac
9	Dela Vina, Jonavic	Female	Softball	Catanduanes National High School	Virac
10	Rojas, Julie Mae S.	Female	Softball	Catanduanes National High School	Virac
11	Quintal, Nicole L.	Female	Softball	Catanduanes National High School	Virac
Coach:	Rubio, Rochelle E.	Female	Softball	Catanduanes National High School	Virac
Asst. Coach:	Gianan, Efigenio Jr. P.	Male	Softball	Antipolo National High School	Virac
1	Zafe, Michael Angelo	Male	Swimming	Catanduanes National High School	Virac
2	De Luna, Shiena S.	Female	Swimming	Catanduanes National High School	Virac
3	Guerrero, Juliana Pauline Mersailles A.	Female	Swimming	Catanduanes National High School	Virac
Coach:	Panti, Arjay U.	Male	Swimming	Catanduanes National High School	Virac
1	Arango, Neil Adrian	Male	Table Tennis	Calatagan High School	Virac
2	Dasigan, Ryan Conrad	Male	Table Tennis	Magnesia National High School	Virac
3	Siwani, Adrian	Male	Table Tennis	Magnesia National High School	Virac
Coach:	Brojan, Eugene	Male	Table Tennis	Magnesia National High School	Virac
1	Bernardo, Alyssa Nicole	Female	Table Tennis	Catanduanes National High School	Virac
1	Grifaldio, Joseph	Male	Taekwondo	Magnesia National High School	Virac
2	Taller, Joshua	Male	Taekwondo	CPIC	Virac
3	Bernardo, Michael	Male	Taekwondo	Magnesia National High School	Virac
4	Joson, Raxon	Male	Taekwondo	Calatagan High School	Virac
5	Posada, Ronnie	Male	Taekwondo	Calatagan High School	Virac

6	Tapit, Luigi	Male	Taekwondo	Catanduanes National High School	Virac
7	Enriquez, Marco Paolo	Male	Taekwondo	Calatagan High School	Virac
8	Zuniega, Cyr Nel Vince	Male	Taekwondo	Calatagan High School	Virac
9	Rubio, Francis	Male	Taekwondo	Catanduanes National High School	Virac
Coach:	Jay Petajen	Male	Taekwondo	Calatagan High School	Virac
1	Guerero, Joana	Female	Taekwondo	Magnesia National High School	Virac
2	Torena, Alyssa	Female	Taekwondo	Catanduanes National High School	Virac
3	Correo, Dana Louise	Female	Taekwondo	Catanduanes National High School	Virac
4	Francine, Traquena	Female	Taekwondo	Magnesia National High School	Virac
5	Matienzo, Juvy	Female	Taekwondo	Calatagan High School	Virac
6	Marquez, Melody	Female	Taekwondo	Catanduanes National High School	Virac
7	Melanie, Grifaldio	Female	Taekwondo	Magnesia National High School	Virac
8	Joson, Junie	Female	Taekwondo	Catanduanes National High School	Virac
9	Samonte, Glaiza	Female	Taekwondo	Catanduanes National High School	Virac
Chaperon:	Evangeline T. Bozar	Female	Taekwondo	Catanduanes National High School	Virac
1	Ibones, Jon Andrew C.	Male	Tennis	Catanduanes National High School	Virac
2	Vargas, Jethro A.	Male	Tennis	Catanduanes National High School	Virac
3	Vargas, Jhomanne P.	Male	Tennis	Catanduanes National High School	Virac
4	Vargas, Josh Kendrick A.	Male	Tennis	Catanduanes National High School	Virac
Coach:	Molina, Rochelle Marie V.	Male	Tennis	Calatagan High School	Virac
1	Gonzales, Leslie Mae S.	Female	Tennis	Catanduanes National High School	Virac
2	Duque, Angelene	Female	Tennis	Catanduanes National High School	Virac
Coach:	Bautista, Nervy A.	Female	Tennis	Catanduanes National High School	Virac
Asst. Coach:	Mark Aaron G. Tamundong	Female	Volleyball	Immaculate Concepcion Seminary Academy	Virac
1	Almazar, Mark Andrew	Male	Aerogymnastics	Catanduanes National High School	Virac