



Republika ng Pilipinas
Kagawaran ng Edukasyon
REHIYON V - BICOL
TANGGAPANG PANSANGAY NG CATANDUANES

21 August 2024

DIVISION MEMORANDUM
No. 396, s. 2024

**LAUNCHING, MOA SIGNING, AND ORIENTATION OF THE
AIA HEALTHIEST SCHOOLS PROGRAMME IN PARTNERSHIP WITH
CORAZON S. ATAYDE MEMORIAL (CSAM) FOUNDATION AND AIA PHILIPPINES**

TO: Assistant Schools Division Superintendent
Chief Education Supervisors, CID & SGOD
Education Program Supervisors
Public Schools District Supervisors/In-Charge of the Districts
Elementary and Secondary School Heads
All Others Concerned

1. Oplan Kalusugan sa DepEd or OK sa DepEd is the convergence of the health and nutrition initiatives of the Department for their effective and efficient implementation at the school level was institutionalized in 2018. Usually, the initiatives are carried out in partnership with various stakeholders. Its banner theme is "Pinalakas na Oplan Kalusugan sa DepEd, Pinatatag na Healthy Learning Institutions".
2. This year, the SGOD - Social Mobilization & Networking and School Health and Nutrition Units is lucky to be in partnership with Corazon S. Atayde Memorial (CSAM) Foundation and AIA Philippines in launching the AIA Healthiest School Programme, which is along the thrust of Oplan Kalusugan.
3. The AIA Healthiest Schools Programme is an innovative program which promotes healthy eating, active lifestyle, mental wellbeing, and health sustainability among learners aged 5 to 16 and provides teachers of young people across Asia and Australia with educational resources that enable them to learn about healthy habits and implement changes to make their schools and communities healthier and happier.
4. To officially launch the program, there will be an orientation, Memorandum of Agreement signing and turnover of program materials to the pilot schools on **September 7, 2024 (Saturday) from 8:00 a.m. to 5:00 p.m. at Comagaycay Elementary School Multipurpose Hall**. The Pilot schools are Comagaycay Elementary School and Lictin Integrated School of San Andres East District.
5. The expected participants and program matrix are found in the enclosure to this memorandum.
6. Since the activity falls on a Saturday, all participating teaching and non-teaching personnel shall be granted with one (1) day service credit/COC pursuant to DepEd Order No. 53, s. 2003 re: Updated Guidelines on Grant of Vacation Service Credits to Teachers and paragraph 3, 5.3, letter K on Joint Circular



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of the Civil Service Commission and (CSC) and Department of Budget and Management (DBM) dated October 4, 2004.

7. Travel and other incidental expenses relative to this activity shall be charged against Local Funds/BPLP Fund/School MOOE subject to the usual accounting and auditing rules and regulations while CSAM Foundation shall shoulder meals of the participants.

8. For information, guidance and compliance.


EVA S. TOLENTINO
Administrative Officer V/ 
Officer-In-Charge
Office of the Schools Division Superintendent

SGOD/mbb 8/21/2024



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Enclosure No. 1 to Division Memorandum No. 396, s. 2024

PROGRAM MATRIX

Time	Activity	Person/s Involved
7:30 to 8:00	Registration	Mylene L. Manlangit MT I - CES
8:00 to 8:30	Preliminaries Philippine National Anthem Opening Prayer SDO Catanduanes Hymn	AVP
	Presentation of Participants	Marife B. Brequillo SEPS. SocMob
	Welcome Remarks	Rolly N. Nazareno SP I - Comagaycay ES
	Welcome Number	Selected Pupils of Comagaycay ES
8:30 to 9:00 Launch of AHS, MOA Signing and Turnover of Program Materials	Presentation of the Project	Rylene M. Ngeta-a Head of Programs CSAM Foundation
	Message Corazon S. Atayde Memorial Foundation	AVP
	Message from AIA Philippines	Cecile C. Ferro, CESO VI, ASDS, OIC-SDS
	Acceptance Message	Donors and DepEd Officials
	MOA Signing	Donors, School Heads, PSDS
	Photo Opportunity	Dennis L. Gianan, SP II- Lictin Integrated School
	Turnover of Program Materials	
9:00 to 9:30	Health Break	
9:30 to 9:40	School Health Survey	
9:40 to 12:00	Overview of AIA's Healthiest Challenge <i>Background of the program</i> <i>-What are the goals of the program?</i> <i>-What are its benefits to the students, the teachers, and the community?</i> <i>Health and Wellness in Education</i>	Rylene M. Ngeta-a Head of Programs CSAM Foundation
	AHS Challenge Breakdown a. Components of the Challenge a.1. AHS Lessons a.2. Activities and Timeline a.3. Teacher Resources Available a.4. AHS Competition	
12:00 to 1:00	Health Break	
1:00 to 2:00	Action Planning (Integration in the curriculum and the school calendar)	Rylene M. Ngeta-a Head of Programs CSAM Foundation
2:00 to 4:30	Deep Dive into the Lessons and Materials	



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	Demonstration Teaching Topics <i>a. Healthy Eating</i> <i>b. Active Lifestyles</i> <i>c. Mental Wellbeing</i> <i>d. Health and Sustainability</i>	
4:30 to 5:00	Closing Program <ul style="list-style-type: none">• Makabayan Song• Awarding of Certificates of Participation• Closing Remarks • Closing Prayer Emcee: Imaculate T. Latorre EPS II, SocMob	AVP Jayson M. Floranza, PSDS-San Andres East AVP



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Enclosure No. 2 to Division Memorandum No. 396, s. 2024

LIST OF PARTICIPANTS

a. From SDO

NAME	POSITION
Cecile C. Ferro	ASDS, OIC-SDS
Mary Jean S. Romero	Chief ES, SGOD
Romel G. Petajen	Chief ES, CID
Marife B. Brequillo	SEPS, SocMob
Imaculate T, Latorre	EPS II, SocMob
Amylou B. Celso	Dentist II, SHN

b. From the Schools

COMAGAYCAY ES	
NAME	POSITION
Rolly N. Nazareno	School Principal I
Jocelyn E. Cañeza	Teacher III
Sonia S. De Loyola	Teacher III
Adelina T. Antonio	Teacher III
Mary Jane P. Solmiano	Teacher III
Marilyn S. Ortiz	Teacher III
Mylene L. Manlangit	Teacher III
Maribi B. Soqueña	Teacher III
Jennifer G. Borbe	Teacher III
Alma A. Soliveres	Teacher III

LICTIN IS	
NAME	POSITION
Dennis L. Gianan	School Principal II
Romer A. Teves	Head Teacher I
Judylyn F. Gianan	Teacher III
Judy Mae O. Tablizo	Teacher I
Angely M. Barro	Teacher III
Cherry Rose B. Camacho	Teacher I
Deo Benedick R. Tabios	Teacher III
Mechely C. Fernando	Teacher III
Allan T. Aguilar	Teacher II
Fanny Grace O. Laurente	Teacher II
Michelle S. Buhayo	Teacher III
Joseph Patrick C. Lumabl	Teacher II
Nadine Lizbeth V. Jimenez	Teacher III
Jonel P. Socao	Teacher III