



**DIVISION MEMORANDUM**

No. 301 s. 2019

**RELEASED**

**TO :** SDO Chiefs (CID/SGOD)  
 Public Schools District Supervisors  
 Secondary School Heads  
 School Health and Nutrition Section

DepEd, Division of Catanduanes  
**RECORDS SECTION**

Date: SEP 11 4 2019

Time: 9:15 AM

Signature: [Signature]

**FROM :** [Signature]  
**SOCORRO V. DELA ROSA, CESO V**  
 Schools Division Superintendent

**SUBJECT :** **DIVISION ORIENTATION- FORUM ON SUICIDE AWARENESS**  
 In Celebration of 2019 World Suicide Prevention Day

**DATE :** September 4, 2019

1. The DepEd, Division of Catanduanes thru the School Health & Nutrition Section will conduct a **Division Orientation-Forum on Suicide Awareness** in Celebration of 2019 World Suicide Prevention Day, with the Theme: **"Working Together to Prevent Suicide"** on September 10, 2019 from 8:00am to 5:00pm, @ Amenia Beach Resort.

2. The objectives of this activity are the following:

- a.) to support and offer opportunities to develop emotional resiliency and enhance mental health among students;
- b.) to increase teachers, guidance counselors/coordinators/advocates, and students awareness on mental health issues and how to address them & empower others;
- c.) to raise awareness that suicide is preventable;
- d.) to spread Information Education Campaign on Suicide First Aid Guidelines in the Philippines; and
- e.) to decrease the stigma on suicide

3. The participants of this activity will be the 20 District Elementary Guidance Designates, 42 Secondary Guidance Counsellor/Designates, 15 Public Schools District Supervisors, 17 Health Personnel, 2 Division PDO Youth formation Officers, 9 Service Learning Providers, and selected 50 Secondary SHS students in Virac. (please see the attached list of Participants)

4. There is NO registration fee; 2 snacks and 1 Lunch c/o to SGOD HRTD fund. Travel and other incidental expenses will be chargeable against local/ School MOOE Funds subject to usual accounting and auditing rules and regulation.

5. For immediate dissemination and compliance.



Republic of the Philippines  
Department of Education  
Region V (Bicol)  
**DIVISION OF CATANDUANES**  
Virac, Catanduanes



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Municipality/District	20 District Elementary Guidance Designates	42 Secondary Designates	15 Public Schools District Supervisors
<b>Bagamanoc</b>	Bagamanoc CES-1 Bugao CES-1	Bagamanoc RDHS-1 Bugao NHS-1 San Vicente NHS-1	1
<b>Baras</b>	Agban CES-1 Baras CES-1	Baras RDHS-1 Agban NHS-1	2
<b>Bato</b>	Bato CES-1 Cabugao IS-1	Bato IS-1 Bato RDHS-1 Cabugao IS-1	1
<b>Gigmoto</b>	Gigmoto CES-1	Gigmoto RDHS-1 Sicmil IS-1 Dororian NHS-1	1
<b>Pandan</b>	Pandan CES-1 Tabugoc CES-1	PSAT-1 LIV NHS-1 Cobo IS-1	1
<b>Panganiban</b>	Panganiban CES-1	Panganiban NHS-1 Panganiban NHS CAIC cmpd.-1	1
<b>San Andres</b>	San Andres CES-1 Cabcab CES-1	SAVS-1, Lictin IS-1, Cabcab NHS-1 Codon NHS-1, Mayngaway NHS-1 Manabrag NHS-1	2
<b>San Miguel</b>	Sam Miguel CES-1 Mabato CES-1	San Miguel RDHS-1 Mabato HS Annex-1	1
<b>Caramoran</b>	Caramoran CES-1 Datag CES-1	Caramoran RDHS-1 Milaviga IS-1 Supang Datag NHS-1 Tubli NHS-1 Palumbanes IS-1 Dariao NHS-1 Caramoran School Of Fisheries-1	2
<b>Viga</b>	Viga CES-1 Tambogon CES-1	Viga RDHS-1 San Jose NHS-1 Tambogon NHS-1 Tinago NHS-1	1
<b>Virac</b>	Virac CES-1 Virac Pilot-1	CNHS-1, Calatagan NHS-1 Antipolo NHS-1, Magnesia NHS-1 Hawan NHS-1, Buyo IS-1, Palta NHS-1	2
<b>50 Senior High School Students in Virac</b>	<b>17 Health Personnel</b>	<b>2 PDO Youth Formation Officer</b>	<b>9 Service Learning Providers</b>
CNHS-8 Calatagan NHS-7 Antipolo NHS-7 Magnesia NHS-7 Hawan NHS-7 Buyo IS-7 Palta NHS-7	Dr.Kristine G. Santelices Dr.Amylou B. Celso Dr.Hidelita G. Posada Dr.Ma.Antonette Rojas Dr.Melchor Tuzon Rosita A.Tabirara Myrna SJ. Carilimdiliman Maribel B. Samonte Ma.Theresa G.Abundo Jennifer S. Casallo Emeline Francia P. Abrasaldo Anavel M. Joson Erma B. Pamapanga Juvy T. Trinidad Rosalin Rozette Tejerero Erlinda A. Manlagnit Michelle T. Del Rosario	Rosario Vegim Eva Carino	4-Speakers 5-Facilitators