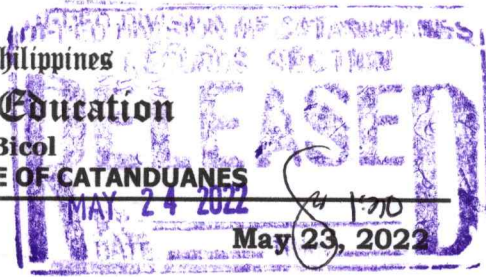




Republic of the Philippines
Department of Education
Region V – Bicol
SCHOOLS DIVISION OFFICE OF CATANDUANES



DIVISION MEMORANDUM
OSDS-SGOD-SHN-DM-239s. 2022

DIVISION KICK OFF CEREMONY FOR NATIONAL NO SMOKING MONTH
cum
CULMINATING ACTIVITIES ON MENTAL HEALTH AWARENESS MONTH

TO : Assistant Schools Division Superintendent
Chief, SGOD and CID
Division Health Personnel
School Health Personnel
Youth Formation Officer
Elementary & Secondary School Heads
Secondary School NDEP & Mental Health Coordinators
Secondary School Youth Formation Coordinators
SPG & BKD Advisers

1. In compliance to the Presidential Proclamation no.183, s 1993 entitled declaring the Month of **June** of every year as **National No Smoking Month** and every month of **May** declaring **Mental Health Awareness Month**, the Schools Division of Catanduanes, through the Schools Governance and Operations Division, will have a **Division Color Fun Run** on the **31st of May, 2022**, at **Virac Plaza Rizal** from **5:00am-8:00am**.

2. These activities aim to promote public awareness on the harms of tobacco use and exposure to Second-Hand Smoking. It will also serve as a strategy in promoting healthy lifestyle.

3. The participants of this activity are the following:
- Secondary NDEP and Mental Health Coordinators (Virac only)
 - YFD Coordinators, BKD and SSG officers and advisers (Virac only)
 - Grade 9 and 10 students (Virac only)

4. All participants of color fun are all requested to wear **white shirts** and come in an athletic attire. The activity will start at **5:00 am** (*please see attached program of activity*) and assembly area will be at the **Virac Plaza Rizal**. All secondary schools of Virac Municipality who are interested to join in the color fun run, please **Register** on this link: <https://tinyurl.com/RegistrationColor-A-thon>

5. For participating students, they must have their **Parental Consent Slips** and will be accompanied by the BKD adviser, SSG adviser and YFD coordinators. All



San Roque, Virac, Catanduanes
052 - 8114063
catanduanes@deped.gov.ph
www.depedrovcatanduanes.com
DepEd Tayo – Region V - Catanduanes



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participants (teachers/non-teaching personnel) must be **Vaccinated**, as Vaccination cards will be checked upon actual registration before the run.

6. The School NDEP Coordinators are advised to facilitate in putting up **signages** indicating the school or office is a smoke-free zone in prominent and strategic locations within the schools. Likewise, the school shall conduct **Tobacco-Free generation movement** through **ZUMBA dancing every Friday of the June 2022** in observance to the **No Smoking month celebration**. The school NDEP coordinators will submit a Narrative Report with pictorials on the highlights of the observance of National Smoking Month to your respective schools through this link: <https://tinyurl.com/NDEPONLINEREPORT2022>.

7. Transportation and other incidental expenses will be charged against local funds subject to the usual accounting and auditing rules and regulations. For more information and inquiries regarding the activity, please contact **Nurse Ahdel D. Idanan** of School Health & Nutrition Section with contact no. **09486934889**.

8. For widest dissemination and compliance.

MA. LUISA T. DELA ROSA
Assistant Schools Division Superintendent
Officer-in-charge
Office of the Schools Division Superintendent





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Attachment no. 1

COLOR-A-THON FOR A SMOKE AND WORRY-FREE MIND

MAY 31, 2022

TIME	ACTIVITIES	PERSONS-IN-CHARGE	VENUE
5:00- 5:30AM	Registration	ERMA PAMPANGA ROSITA TABIRARA MARIBEL SAMONTE	VIRAC PLAZA RIZAL
5:30AM	Warm Up & Mechanics	AHDEL IDANAN SPA – AC PANTINO	VIRAC PLAZA RIZAL
5:35- 6:30AM	Start of Colored Fun Run	ROSARIO VEGIM	VIRAC PLAZA RIZAL
6:30- 7:00AM	Opening Program		PLAZA RIZAL
	<ul style="list-style-type: none">Acknowledgement of Participants	AHDEL IDANAN	
	<ul style="list-style-type: none">Message	DR. ROBERT JOHN AQUINO Provincial DOH Officer	
	<ul style="list-style-type: none">Message	DR. ELVA JOSON Municipal Health Officer III	
	<ul style="list-style-type: none">Message	SUSAN S. COLLANO Schools Division Superintendent	
	<ul style="list-style-type: none">Word of Thanks	Dr. KRISTINE G. SANTELICES Medical Officer III	
7:00- 8:00am	ZUMBA	SPA CNHS	VIRAC PLAZA RIZAL

AHDEL IDANAN and ANTHONY CARLOS PANTINO
MASTERS of CEREMONY



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