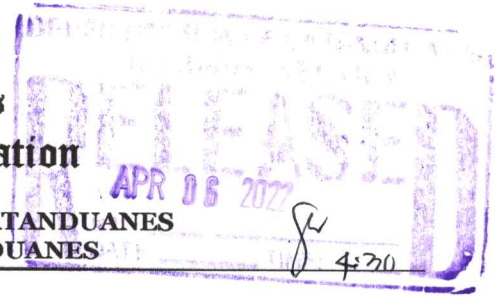




Republic of the Philippines
Department of Education
 REGION V – BICOL
 SCHOOLS DIVISION OFFICE OF CATANDUANES
 SAN ROQUE, VIRAC, CATANDUANES



April 6, 2022

DIVISION MEMORANDUM
 OSDS- SGOD -DM- 176 S. 2022

REGIONAL LIVE-OUT TRAINING ON COACHING IN FOOTBALL AND FUTSAL

To: Asst. Schools Division Superintendent
 Chief Education Supervisors
 Education Program Supervisors
 Public Schools District Supervisors
 Elementary and Secondary School Heads
 Concerned Teachers
 All Others Concerned

- The Department of Education Region V in cooperation with the Regional Association of School Sports Events and other Activities Enthusiasts Inc. (RASSEAE) shall conduct the Regional Live-out training on coaching Football and Futsal on April 18-19, 2022 at Virac, Catanduanes.
- This activity aims to equip and capacitate our-teacher coaches with the coaching skills and technical knowledge in their respective events as we prepare for the resumption of sports competitions and the Palaro. In compliance with IATF protocols, all participants, facilitators, and the TMC joining this training must be fully vaccinated. All participants are requested to bring their own sports equipment to be used during the practicum.
- The accommodation venues, playing venues, and expected number of participants are as follows:

EVENT	ACCOMODATION	PLAYING VENUE	NUMBER OF PARTICIPANTS
Football	JMAMES	Catanduanes Athletics Complex	22
Futsal	VIRAC CENTRAL ES	Catanduanes NHS	22



San Roque, Virac, Catanduanes
 052 – 8114063
catanduanes@deped.gov.ph
www.depedrovcatanduanes.com
 DepEd Tayo – Region V - Catanduanes



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SAN ROQUE, VIRAC, CATANDUANES

4. A registration fee of P500.00 shall be collected from the participants to cover the operational and other related expenses during training which can be charged from personal and/or other resources. However, travel and other related expenses of resource persons, teacher-coaches participants, and the Technical Management committee shall be charged against their respective MOOE/local funds subject to the usual accounting and auditing rules and regulations.
5. Attached as enclosures are the executive committee and technical working committees and the training matrix for your reference.
5. For information, guidance, and compliance of all concerned.

SUSAN S. COLLANO, CESO V
Schools Division Superintendent

Encl: as stated

To be indicated in the Perpetual Index under the following subjects:

STUDENTS CO-CURRICULAR SPORTS ATB-DM-04-6-22

REGIONAL LIVE-OUT TRAINING ON COACHING IN FOOTBALL AND FUTSAL



San Roque, Virac, Catanduanes
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catanduanes@deped.gov.ph
www.depedrovcatanduanes.com
DepEd Tayo – Region V - Catanduanes

REGIONAL LIVE-OUT TRAINING ON COACHING IN FOOTBALL and FUTSAL

April 18 - 19, 2022

TRAINING MATRIXES**Event: FOOTBALL**

Day 0 – April 17, 2022 (Arrival and Registration at the Venue)

Day 1 – April 18, 2022

TIME	ACTIVITIES	Resource Persons
8:00 - 8:30	Opening Program	
8:30 – 10:00	Management of the Sports Program A. Program Components - Organizational Structures - Policies and Guidelines - Curriculum and Program Standards - Program Resources - Partnership and Linkages B. Program Principles	Rufino B. Arellano
10:00 – 11:00	Right of the Child to Play / Child Protection Policy	Yscyl Grace Calimotan
11:00 – 12:00	Learning the Sports Football - Brief History and Development of Philippine Football - Coaching Process Key Stage 1 (Fundamental Stage) Developing - Locomotor Skills and non-locomotor - Dynamic Warm up - Ball Mastery	Diobe Arellano
12:00 – 1:00	<i>BREAK</i>	
1:00 – 2:30	Key Stage 2 (Learning to Train) Improving Basic Technique / Skills with Training Design. - Receiving and Controlling - Dribbling - Passing - Shooting - Goalkeeping	Julius Rebaya
2:30 – 5:00	Key Stage 3 (Capacity Building Stage) Advancing Football Technique / Skills. - Receiving and Controlling - Dribbling - Passing - Shooting - Goalkeeping	Diobe Arellano

94

EXECUTIVE COMMITTEE

Over-all Chairman: Gilbert T. Sadsad
Co- Chairman: Ronelo Al K. Firmo
Members: Susan S. Collano
Ma. Luisa Dela Rosa
Mary Jean S. Romero

Technical Management Committee

Chairman: Ronald C. Asis
Co- Chairman: Rufino B. Arellano
Members: Ernie M. Baranquel
Aroline T. Borja
Secretariat: Rommel U. Quinones

Resource Persons

Football

Rufino B. Arellano
Diobe B. Arellano
Julius Rebaya
Yzcy Grace Calimotan

Futsal

Junal D. Alvarez
Martini Louise C. Arellano
Joreme B. Tero

WORKING COMMITTEES

Documentation

Chairman: Rommel U. Quinones
Co-Chairman: Aureel Sabalas
Member: Grace Bernardo

Registration

Chairman: Grace Bernardo
Co-Chairman: Aureel Sabalas
Member: Dranreb Calisin

Ways and Means

Chairman: Aroline Borja
Co-Chairman: Neil Banares
Member: Roger Camacho

Accomodation

Chairman: Delfin Tabuso
Co-Chairman: Rodel Bordeos
Members: Neil Banares
Romeo Vargas



Day 2 – April 19, 2022

TIME	ACTIVITIES	Resource Persons
8:00 – 12:00	Football LOTG Amendments	JULIUS REBAYA Regional
12:00 – 1:00	<i>BREAK</i>	
1:00 – 3:00	Key Stage 4 (Proficiency Stage) Exhibiting Physical Development - Basic Football System - Concept of Attacking and Defending - Functional Training - Small Sided Games	Diobe Arellano
3:00 – 4:00	Presentation of Outputs	Diobe Arellano Julius Rebaya Ysczyl Grace Calimotan
4:00 – 5:00	Open Forum	Diobe Arellano Julius Rebaya Ysczyl Grace Calimotan Rufino Arellano

Event: FUTSAL

Day 0 – April 17, 2022 (Arrival and Registration at the Venue)

Day 1 – April 18, 2022

TIME	ACTIVITIES	Resource Persons
8:00 – 8:30	Opening Program	
8:00 – 12:00	Management of the Sports Program A. Program Components - Organizational Structures - Policies and Guidelines - Curriculum and Program Standards - Program Resources - Partnership and Linkages B. Program Principles	Rufino B. Arellano Joreme B. Tero Martini Louise C. Arellano
10:00 – 12:00	Learning the Sports Futsal • Futsal Chronicles and Development of Philippine Futsal Key Stage 1 (Fundamental Stage) Developing - Locomotor Skills and non-locomotor - Dynamic Warm up - Ball Mastery	Joreme B. Tero Martini Louise C. Arellano
12:00 – 1:00	<i>BREAK</i>	
1:00 – 2:30	Key Stage 2 (Learning to Train) Improving Basic Technique / Skills with Training Design. - Receiving and Controlling - Dribbling - Passing - Shooting - Goalkeeping	Junal D. Alvarez Joreme B. Tero Martini Louise C. Arellano
2:30 – 5:00	Learning the Sport Futsal Key Stage 3 (Capacity Building Stage) Advancing Futsal Technique / Skills.	Joreme B. Tero Martini Louise C. Arellano

	<ul style="list-style-type: none"> - Receiving and Controlling - Dribbling and Passing - Shooting - Basic Goalkeeping 	
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Day 2 – April 19, 2022

TIME	ACTIVITIES	Resource Persons
8:00 – 12:00	Futsal LOTG Amendments	Junal D. Alvarez <i>Regional TM - Futsal</i>
12:00 – 1:00	<i>BREAK</i>	
1:00 – 3:00	Key Stage 4 (Proficiency Stage) Exhibiting Physical Development - Basic Futsal System - Concept of Attacking and Defending	Joreme B. Tero Martini Louise C. Arellano
3:00 – 4:00	Presentation of Outputs and Training Design	Junal D. Alvarez Joreme B. Tero Martini Louise C. Arellano
4:00 – 5:00	Open Forum	Junal D. Alvarez Joreme B. Tero Martini Louise C. Arellano