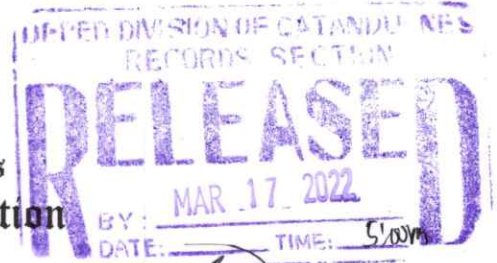




Republic of the Philippines  
Department of Education

Region V - Bicol  
SCHOOLS DIVISION OFFICE OF CATANDUANES




March 17, 2022

DIVISION MEMORANDUM  
OSDS-SGOD-DM- 139 s. 2022/amj

**Guidelines on the conduct of Mental Health Psychosocial Support Services/  
Psychological First Aid for the Opening of Classes School Year 2021-2022**

To: Assistant School Division Superintendent  
Chief Education Supervisor, CID & SGOD  
Education Program Supervisors  
Public Schools District Supervisors  
All Public Elementary & Secondary School Heads  
All School DRRM/MHPSS Coordinators  
All Public School Teachers  
All other concerned

1. In view of the opening of classes on March 7, 2022, the Department of Education is conducting various Mental Health and Psychosocial Support Services (MHPSS) activities for learners, parents and teaching staff.
2. Pursuant to DepEd Task Force COVID-19 Memorandum No. 98 the field may use the following materials in the conduct of Psychological First Aid (PFA) to elementary and secondary learners. A copy of the MHPSS IEC materials for printing can be accessed on this link; <https://tinyurl.com/MHPSS-Materials-for-Printing>. The same link is posted to LRMDS Group Chat for School Heads for elementary and secondary levels.
3. For further information, you may contact Ms. Anavel M. Joson, MHPSS Coordinator through her email at [anavel.joson@deped.gov.ph](mailto:anavel.joson@deped.gov.ph)
4. For immediate dissemination and compliance.

  
SUSAN S. COLLANO  
Schools Division Superintendent



San Roque, Virac, Catanduanes  
052 - 8114063  
[catanduanes@deped.gov.ph](mailto:catanduanes@deped.gov.ph)  
[www.deped.virac.catanduanes.com](http://www.deped.virac.catanduanes.com)



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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**DepEd Task Force COVID-19**  
**MEMORANDUM No. 98**  
25 August 2020

**For: Undersecretaries**  
**Assistant Secretaries**  
**Bureau and Service Directors**  
**Regional Directors and BARMM Education Minister**  
**School Division Superintendents**  
**Public Elementary and Secondary School Heads and**  
**Teachers**

**Subject: NEW SCHEDULE AND ADDITIONAL GUIDELINES ON THE**  
**CONDUCT OF MENTAL HEALTH AND PSYCHOSOCIAL**  
**SUPPORT SERVICES FOR THE OPENING OF CLASSES,**  
**SCHOOL YEAR 2020-2021**

In view of the postponement of the opening of classes from August 24, 2020 to October 5, 2020, the Department of Education (DepEd) issues the new schedule for the implementation of Mental Health and Psychosocial Support Services (MHPSS) for learners. See Enclosure 1 for the details of the MHPSS for learners which will be conducted thru TV broadcast, online and thru self-guided modules.

To maximize the available funds that can be used by field offices for the printing of MHPSS materials, the following additional guidelines shall be considered:

- Regions, Divisions, and Schools shall print the MHPSS materials for those learners who opted to have the modular distance learning modality and have no access to TV;
- For the comics to be provided to elementary learners, the priority to be printed is the comics no. 2; Enclosure 2 includes the cover page and technical specifications of comics no. 2 for reference;
- For the Teacher's Activity Guide for Remote Psychosocial Support through Play for Elementary Learners, it is recommended that only the Learner's Playbook be printed;



**Office of the Undersecretary for Administration (OUA)**

*[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers' Camp (BTC), Central Security & Safety Office (CSSO)]*



Department of Education, Central Office, Meralco Avenue, Pasig City  
Rm 519, Mabini Bldg; Mobil: +639260320762; Tcl: +63286337203, +63286376207  
Email: [usec.admin@deped.gov.ph](mailto:usec.admin@deped.gov.ph); Facebook/Twitter @depedtayo

- A separate activity sheets shall be printed and provided for IP learners in schools implementing IP education; The division DRRM Coordinators and IP Focal Persons shall coordinate on this matter;
- For the 2020 Online and Self-Guided PFA Modules: Supplemental to the SEES Manual, it is recommended that only the self-guided modules starting on page 39 to page 55 be printed;
- As necessary, the field offices are also given the authorization to adjust and modify the technical specifications in printing the MHPSS materials for learners to have more copies and cover more learners. See Enclosure 2 for the technical specifications of the MHPSS materials for printing;
- For those in geographically challenged areas, the MHPSS to be broadcasted in Television and the recorded DRRMS Booklatan and OKKK! Tambayan can already serve as MHPSS provision to learners; but teachers are encouraged to and may further facilitate MHPSS provision to learners using the online and self-guided modules.

As already mentioned in previous issuances of DepEd Task Force COVID-19, the DRRMS MHPSS materials for printing can be accessed in this link: <https://tinyurl.com/MHPSS-Materials-for-Printing>. While recorded DRRMS Booklatan and OKKK! Tambayan can be accessed in this link: [deped.in/OnlineLearningVideos](https://deped.in/OnlineLearningVideos). If the links are not working, it is encouraged that you coordinate with your respective Division DRRM Coordinators.

For more information, please contact the **Disaster Risk Reduction and Management Service**, 2nd Floor, Mabini Building, Department of Education Central Office, DepEd Complex, Meralco Avenue, Pasig City through email at [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph) or telefax no. (02) 8637-4933.

For immediate and appropriate action.



  
**ALAIN DEL B. PASCUA**  
 Undersecretary  
 Chairperson, DepEd Task Force COVID-19



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**ENCLOSURE 1. SCHEDULE OF MENTAL HEALTH AND PSYCHOSOCIAL SERVICES (MHPSS) FOR LEARNERS (Continuation)**

**C. MHPSS via Online and Self-Guided to be facilitated by Teachers**


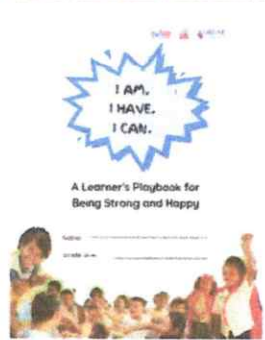
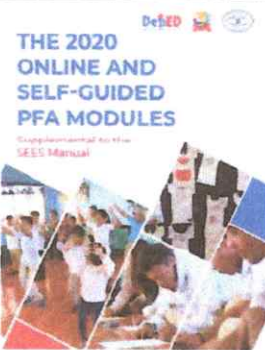
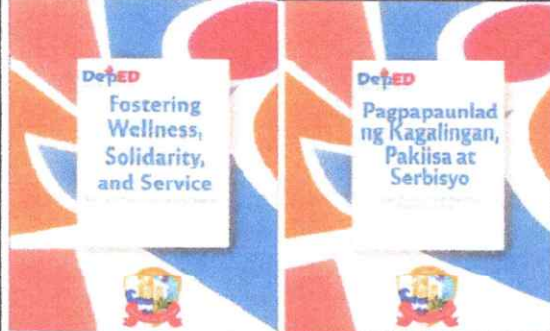
Activity	Date and Time	Participants	Remarks
Remote Psychosocial Support Through Play	September 29 – October 2, 2020 (PM)  Can be conducted after the TV broadcast of MHPSS episode	Elementary Learners	The elementary teachers <b>may</b> further provide MHPSS to learners using the Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners  DRRMS Booklatan videos can also be used by teachers. It can be accessed in this link: <a href="https://deped.in/OnlineLearningVideos">deped.in/OnlineLearningVideos</a>
Remote Psychological First Aid (PFA)	September 29 – October 2, 2020 (PM)  Can be conducted before the TV broadcast of MHPSS episode	Secondary Learners	The secondary teachers <b>may</b> further provide MHPSS to learners using the Online and Self-Guided PFA Modules: Supplemental to the SEES Manual  OKKK! Tambayan videos can also be used by teachers. It can be accessed in this link: <a href="https://deped.in/OnlineLearningVideos">deped.in/OnlineLearningVideos</a>



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**ENCLOSURE 2. TECHNICAL SPECIFICATIONS OF THE MHPSS MATERIALS\* FOR PRINTING**

COVER PAGE	TECHNICAL SPECIFICATIONS**
	<p><b>COVID-19 Comics No. 2</b></p> <ul style="list-style-type: none"> <li>• Size: A4, booklet type</li> <li>• Paper type: Inside - paper 100 GSM</li> <li>• Cover: FC 15, matte laminated</li> <li>• Color: full color cover; inside black and white</li> <li>• No. of pages: 10</li> </ul>
	<p><b>Learner's Playbook</b></p> <ul style="list-style-type: none"> <li>• Size: Letter size (8.5x11)</li> <li>• Paper type: Inside - paper 100 GSM</li> <li>• Cover: FC 15, matte laminated</li> <li>• Color: Full color cover; inside black and white</li> <li>• No. of pages: 26</li> </ul>
	<p><b>The 2020 Online and Self-Guided PFA Modules: Supplemental to the SEES Manual</b></p> <ul style="list-style-type: none"> <li>• Size: Letter size (8.5x11)</li> <li>• Paper type: Inside - paper 100 GSM</li> <li>• Cover: FC 15, matte laminated</li> <li>• Color: Full color cover; inside black and white</li> <li>• No. of pages: 17 (pages 39-55)</li> </ul> <p>To maximize the available resources, it is recommended to print only the self-guided modules starting from page 39 to page 55 which will be distributed to learners</p>
	<p><b>FWSS Booklet</b></p> <ul style="list-style-type: none"> <li>• Size: Letter size (8.5 x 11)</li> <li>• Paper type: Inside - paper at least 60 GSM</li> <li>• Cover: paper at least 70 GSM</li> <li>• Color: full color cover; inside full color or black and white</li> </ul>

\*Copy of the MHPSS materials for printing can be accessed on this link:

<https://tinyurl.com/MHPSS-Materials-for-Printing>

\*\* As necessary, technical specifications for the printing of MHPSS materials can be adjusted and modified by the field offices depending on their context, available funds, and strategies to print more copies and distributed to more learners

