



**RELEASED**

Division Memorandum No. 138 s. 2019

DepEd, Division of Catanduanes

RECORDS SECTION

Date: APR 25 2019

Time: 3:00 PM

Initial/Signature: [Signature]

To : Chief, SGOD and CID  
Education Program Supervisors  
Public Schools District Supervisors  
SEPS, PLANNING OFFICER, EPS II, PDOS II  
(DRRM, Youth Formation & LRMSD)  
SDO Unit & Section Heads  
Elementary and Secondary School Heads  
Elementary and Secondary School Teachers  
All Others Concerned

From : [Signature] **SOCORRO V. DELA ROSA, CESO V**  
Schools Division Superintendent

Subject : **DIVISION SUMMER SPORTS WELLNESS PROGRAM 2019**

Date : **April 23, 2019**

1. Pursuant to CSC Memorandum Circular No. 8, s. 2011 entitled, "Reiteration of the Physical Fitness Program "Great Filipino Workout", as an integral part of the National Physical Fitness and Sports Development Program for government personnel, the Schools Division Office of Catanduanes shall conduct a 3-day sports wellness activities for pupils/students, teaching and non-teaching personnel with regular-permanent position on May 8-10, 2019 at Catanduanes Athletics Complex, Schools Division Office compound, Virac, Catanduanes.
2. The activity aims to:
  - develop a healthy and alert workforce;
  - achieve overall organizational efficiency and success and;
  - promote team interaction, bonding and fun.
3. No registration fee shall be collected from the participants. However, meals of the tournament managers, officiating officials, SDO personnel and procurement of sports facilities shall be charged to GAD and HRTD funds while meals of the pupils/students, teaching and non-teaching participants from schools shall be charged to school MOOE.
4. To facilitate the activities, all Public Schools District Supervisors are requested to submit the list of the participants and the names of muse and escort (students) to Mrs. Rosario B. Vegim on April 29, 2019
5. Please find attached enclosures for your reference:
  - a. Enclosure 1- Activity Matrix/ Program of Activities
  - b. Enclosure 2- List of Tournament Managers & Officiating Officials
  - c. Enclosure 3- Expected no. of players, events and playing venue
  - d. Working committees
6. A planning conference with all the members of the working committees is scheduled on April 29, 2019, 9:00 a.m. at SGOD office.
7. For information, guidance and compliance.

**Enclosure 2- List of Tournament Managers, Officiating Officials**

EVENT	TOURNAMENT MANAGER	OFFICIATING OFFICIALS
Athletics	Ernesto Buena	1. Amy Teoxon
	Roberto Tomagan	2. Ponciano Mollasco
		3. Daniel Solsona
		4. Trinidad Torres
		5. Gerald Surbano
		6. Dante Atienzo
		7. Anfrew Azul
		8. Jocelyn Alberto
		9. Rean Lou Tumanog
		10. Alfrance Rojas
		11. Mark Joseph Trinidad
		12. Joseph Cabrera
		13. Ryan Presentacion
		14. Edward Taniegra
		15. Abel Sorilla
		16. Teolonia Eustaquio
		17. Reygan Icaranum
		18. Rommel Dela Rosa
		19. Armando Bonifacio
		20. Salvador Joson Jr.
		21. Jinky Sarmiento
		22. Marvin Abad
		23. Danica Capistrano
Badminton	Edgar Sarmiento	24. Eric Torio
		25. Miguel Salvante
		26. Jose Antonio Tupas
		27. Ryan Bobis
		28. Maricris Bobis
		29. Maricris Bobis
		30. Pio Azansa
		31. John Urbano
		32. Reniela Bonifacio
		33. Maricel Beo
		34. Janet Benavidez
		35. Zuhl Tatad
		36. Ma. Gel Alcantara
		37.
Baseball	Jessie Icaranom	38. Joseph Glen Alintana
		39. Darwin Templonuevo
		40. Rustico Buatin
		41. Vincent Comida
		42. Sarah Comida
		43. Bernabe Barrameda

**Enclosure 3- Number of Players Per Municipality and Playing Venues**

EVENT	No. of Players per Team (by Municipality)			Playing venue
	Male	Female	TOTAL	
Athletics	2	2	4	Catanduanes Athletics Complex
Badminton	2	2	4	Rawis Gym
Basketball	12	6	18	Plaza Rizal
Basketball 3x3	0	4	4	Plaza Rizal
Billiards (9 balls)	1	1	2	San Roque Billiards Center
Chess	2	1	3	SDO Terrace
Dance Sports Standard	1	1	2	VTC Metro Walk
Table Tennis	2	2	4	Conference Hall A
Tennis	1	1	2	Catanduanes Athletics Complex
Mixed Volleyball	6	6	12	Plaza Rizal
Patintero	3	2	5	SDO
Sack Race	2	3	5	SDO
Bingkay	2	2	4	SDO
Team Building	8	8	16	SDO

Note:

Players: Teaching and Non- Teaching Personnel (Plantilla Position)

Competing Teams: 11 Municipalities and SDO Personnel Team

**Enclosure 1- Activity Matrix/ Program of Activites**

TIME	ACTIVITY
<b>DAY 1</b>	
06:00-07:30 A.M.	Opening Parade
07:30- 08:30 A.M.	Zumba
08:30- 09:00 A.M.	Break
09:00- 10:00 A.M.	Opening Program/ Search for Mr. & Ms. Sports Fest
10:00- 12:00 NOON	Sports GAMES/ Self- Defense Training for Women
01:00 –03:00 P.M.	Sports GAMES/free SPA, massage, free haircut etc.
03:00 -05:00 P.M.	LARO NG LAHI
<b>DAY 2</b>	
07:00- 08:30 A.M.	Warm- Up/ Zumba
08:30- 12:00 NOON	GAMES
01:00 – 3:00 P.M.	GAMES
03:00- 05:00 P.M.	Team Building Activites
<b>DAY 3</b>	
07:00- 08:30 A.M.	Warm- Up/ Zumba/ Cardio-vascular Exercise
08:30- 12:00 NOON	Final Games/ Team Building Activites
01:30- 03:00 P. M.	Getting Along with People at Work
03:00- 05:00 P.M.	Closing Program

#### Enclosure 4 – Working Committees

- |   |                               |
|---|-------------------------------|
| • Program (Opening and closing)         | Joselito Rodriguez            |
| • Invitation                            | Nieva Tuibeo                  |
| • Parade                                | Aroline T. Borja              |
| • Documentation                         | Ma. Shionne May T. Crispino   |
| • Social Mobilization and Networking –  | Rey Bonayon                   |
| • Awards & Certificates-                | Audrea L. Vivo                |
| • Registration and Attendance-          | Achiles Alberto               |
| • Sports Facilities and Equipment       | Maria Imelda S. Abejo         |
| • Stage Preparation & Accommodation     | Marife L. Brequillo           |
|   | Raquel L. Pahuyo              |
|   | Rona Mel Suaiso               |
|   | Rosario Vegim                 |
|   | Engr. Roger Matienzo          |
|   | Dave Tantiado                 |
|   | Jekyll Bonavente              |
|   | Julius Coronejo               |
| • Monitoring and Evaluation             | Sarah S. Chiong               |
| • Search for Mr. & Ms. Sports Fest      | Romel G. Petajen              |
| • Zumba, Warm-Up and Wellness Activites | Dr. Kristine Santelices       |
|   | Health & Nutrition Facilities |
| • GAMES (Ball Games / Athletics etc.)   | Fidel Vegim                   |
| • Laro ng Lahi                          | CID Personnel                 |
| • Team Building Activites               | SGOD Personnel                |
| • Meals                                 | Eva T. Carino                 |
|   | Sheryl Cambonga               |
|   | Nadia Francisco               |
|   | Pureza Isidoro                |

Over All Chair: SOCORRO V. DELA ROSA, CESO V  
Schools Division Superintendent

#### Members:

ASDS Ma. Luisa T. Dela Rosa  
Chief, Miguel C. Ogalinola  
Chief, Josefa V. Zape  
EPS Mary Jean S. Romero