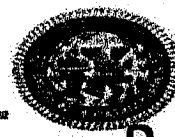




Republic of the Philippines
Department of Education
Region V (Bicol)
DIVISION OF CATANDUANES
Virac, Catanduanes



RELEASED

DepEd, Division of Catanduanes

RECORDS SECTION

Date JUL 12 2017

Time: 1:16 P.M.

Initial/Signature: [Signature]

Division Memorandum

No. 119

To : **Chiefs, SGOD & CID**
Public Schools District Supervisor
Concerned Secondary School Heads

From : **SOCORRO V. DELA ROSA, CESO VI**
Schools Division Superintendent

Subject: : **2017 NUTRITION MONTH CELEBRATION**

Date : **July 12, 2017**

1. This is to inform the field that the month of July is a Nutrition Month. This year's celebration evolves on the theme: **"Healthy Diet, Gawing Habit- for Life"**. (Per DepEd Memo No. **105 S. 2017**). In connection with this, our division will conduct a **Culminating Activity on July 28, 2017**.
2. One of the activities of the said celebration is the **"Master Gulay Chef Showdown"**. It is a **Cooking Competition for Elementary and Senior High School Learners**.
3. Expected participants to this activity are Grade 5 and or 6 pupils in the Elementary and Grade 11 and or 12 learners in the Secondary offering TVL- Cookery track and 1 coach for each entry. PSDS, are requested to identify one entry for each municipality for the elementary level.
4. Registration Form must be submitted to Health and Nutrition Unit on or before July 17, 2017.
5. A Registration fee of Two Hundred Fifty Pesos (250.00) for meals shall be charged from each participants to be deducted automatically from school MOOE. However, Implementing Units in the secondary shall give their registration fee on the day of the contest.
6. Travel, and other expenses relative to the conduct of the said activity shall be charged against school MOOE/ Local funds subject to usual auditing rules and regulations.
7. Attached hereto are the Contest Guidelines and Mechanics (*Enclosure A*) Registration Form (*Enclosure B*)(*List of Secondary Schools Offering TVL- Cookery Track*) (*Enclosure C*)
8. For your information and compliance.

Enclosure A

Elementary Level: VEGETABLE/ FRUIT SALAD

Guidelines:

- a. The contest is a team competition; open to Grade 5 and /or 6 pupils currently enrolled this SY 2017-2018.*
- b. One team shall represent from each municipality.*
- b. The team must submit their cooking recipe before the contest.*
- c. Participating teams must bring 5 varieties of fruits and/or vegetables, 5 kinds of condiments in low cost.*
- d. Contestants must wear proper & appropriate cooking attire during the contest.*
- e. Fifteen minutes preparation of cooking materials and ingredients and one hour cooking time will be given to each team.*
- f. Each team must bring their own cooking equipment/s and utensils.*
- g. Pre- cooked dish is not allowed.*
- h. Only one team shall be declared as the winner.*
- i. Grand winner will receive certificate of recognition, trophy and cooking materials for the school.*

Secondary Level: VEGETABLE DISH

- a. The contest is a team competition; open to Senior High School Grade 11 and or Grade 12 learners currently enrolled this SY 2017-2018.*
- b. The competition is open only to Senior High Schools offering TVL- Cookery.*
- c. One team shall represent from each school.*
- d. The team must submit their cooking recipe before the contest.*
- e. The team must bring 5 varieties of vegetables that are available in the community or in the market.*
- e. Seasonings/ MSG are not allowed.*
- f. Contestants must wear proper & appropriate cooking attire during the contest.*
- g. Fifteen minutes preparation of cooking materials and ingredients and one hour cooking time will be given to each team.*
- h. Each team must bring their own cooking equipment/s and utensils.*
- i. Pre- cooked menu is not allowed.*
- j. Only one team shall be declared as the winner.*
- k. Grand winner will receive certificate of recognition, trophy and cooking materials for the school.*

Enclosure B:

REGISTRATION FORM

School: _____ *School Head:* _____

Name of Contestants: 1. _____ *Grade Level* _____
2. _____ *Grade Level* _____

Name of Coach: _____

Cp No. _____

Submitted by: _____

Position/ Designation

Enclosure C(List of Secondary Schools Offering TVL- Cookery Track)

- 1. Baras RDHS***
- 2. Cabcab NHS***
- 3. Calatagan NHS***
- 4. Caramoran RDHS***
- 5. CNHS***
- 6. Gigmoto RDHS***
- 7. Mabato HS***
- 8. Palta NHS***
- 9. San Jose NHS***
- 10. Tubli NHS***
- 11. Catanduanes Colleges***
- 12. Supang-Datag National High School***

To confirm the participation of each municipality and concerned Senior High Schools, kindly fill-up the REGISTRATION FORM and submit it on or before July 17, 2017 at Health and Nutrition office or you may txt at cp no. **09298060037 / 09494497818.**

Thank you.