



January 08, 2020

DIVISION MEMORANDUM
 OSDS-SGOD-DM-~~001~~MS. 2020

PSYCHOLOGICAL FIRST AID TRAINING OF TRAINERS

RELEASED

To: Chiefs, CID & SGOD
 Education Program Supervisors
 Public Schools District Supervisors
 Selected Elementary and All Secondary School Heads
 All concerned

DepEd, Division of Catanduanes
 RECORDS SECTION
 Date JAN 08 2020
 Time: 9:25 AM
 Initial/Signature: [Signature]

1. As part of the Division's Resilience Education campaign and to ensure Emergency and Disaster Preparedness, this Division shall be spearheading a **Psychological First Aid Training of Trainers for School DRRM Coordinators** which will be conducted on **January 13-15, 2020 (Live-in) at ARDCI Corporate Inn.**
2. Participants of the training are selected 56 Designation School DRRM Coordinators of selected schools (1 participant per school) and 12 Health and Nutrition Unit Nurses. Attached is the **List of Participants**. Attached also is the **Program of Activities**. Also please be advised of the following:
 - a. Check-In/Registration shall be on January 12, 2020, 01:00 PM
 - b. Check-out shall be on January 15, 2020 at 12:00 Noon
 - c. First Meal will be dinner of Day 0 – January 12, 2020
 - d. Please wear comfortable clothes (jeans, shirts, rubber shoes/sandals)
3. Travel expenses of the participants to this activity shall be charged to school MOOE fund subject to the usual accounting and auditing rules and regulations.
4. Immediate dissemination and compliance of this Memorandum is highly desired.

DANILO E. DESPI
 Schools Division Superintendent

Encl.:
 References:
 To be indicated in the Perpetual Index
 Under the following subjects:

CTS/ DM PSYCHOLOGICAL FIRST AID TRAINING OF TRAINERS

(Enclosure to Division Memorandum No. ____ s. 2020)

PSYCHOLOGICAL FIRST AID TRAINING OF TRAINERS

January 13-15, 2020

ARDCI Corporate Inn

List of Participants

Municipality of Bagamanoc	<ol style="list-style-type: none"> 1. Bagamanoc Rural Development High School 2. Bugao National High School 3. San Vicente National High School 4. Bagamanoc Central Elementary School
Municipality of Baras	<ol style="list-style-type: none"> 5. Agban National High School 6. Baras Rural Development High School 7. Barac Central Elementary School
Municipality of Bato	<ol style="list-style-type: none"> 8. Bato Rural Development High School 9. Bote Integrated School 10. Cabugao Integrated School 11. Bato Central Elementary School
Municipality of Caramoran	<ol style="list-style-type: none"> 12. Caramoran Rural Development High School 13. Caramoran School of Fisheries 14. Dario National High School 15. Milaviga Integrated School 16. Palumbanes Integrated School 17. Supang-Datag National High School 18. Tubli National High School 19. Caramoran Central Elementary School
Municipality of Gigmoto	<ol style="list-style-type: none"> 20. Dororian National High School 21. Gigmoto Rural Development High School 22. Sicmil Integrated School
Municipality of Pandan	<ol style="list-style-type: none"> 23. Cobo Integrated School 24. LIV Senior high School 25. Pandan School of Arts and Trades 26. Pandan Central Elementary School
Municipality of Panganiban	<ol style="list-style-type: none"> 27. Panganiban National High School 28. Panganiban National High School - CAIC Compound
Municipality of San Andres	<ol style="list-style-type: none"> 29. Cabcab National High School 30. Codon National High School 31. Lictin Integrated School 32. Manambrag National High School 33. Mayngaway National High School

	<p>34. San Andres Vocational School</p> <p>35. San Andres Central Elementary School</p> <p>36. Alibuag Elementary School</p>
Municipality of San Miguel	<p>37. San Miguel Rural Development High School</p> <p>38. San Miguel Rural Development High School – Annex (Mabato High School)</p> <p>39. San Miguel Central Elementary School</p>
Municipality of Viga	<p>40. San Jose National High School</p> <p>41. Tambongon National High School</p> <p>42. Tinago National High School</p> <p>43. Viga Rural Development High School</p> <p>44. Viga Central Elementary School</p>
Municipality of Virac	<p>45. Antipolo National High School</p> <p>46. Buyo Integrated School</p> <p>47. Calatagan High School</p> <p>48. Catanduanes National High School</p> <p>49. Hawan National High School</p> <p>50. Magnesia National High School</p> <p>51. Palta National High School</p> <p>52. Virac Pilot Elementary School</p> <p>53. Virac Central Elementary School</p>
Health and Nutrition Unit	<p>54. Kristine Santelices</p> <p>55. Amylou Celso</p> <p>56. Hidelita Posada</p> <p>57. Juvy T. Trinidad (Virac Pilot)</p> <p>58. Erlinda A. Manlangit (Palta National High School)</p> <p>59. Michelle Del Rosario (CNHS)</p> <p>60. Rosalyn Rosette Tejerero (BRDHS)</p> <p>61. Ma. Theresa Abundo</p> <p>62. Jennifer Casallo</p> <p>63. Myrna Carilimdiliman</p> <p>64. Maribel Samonte</p> <p>65. Rosita Tabirara</p>
Youth Formation Division	<p>66. Eva Cariño</p> <p>67. Rosario Vegim</p> <p>68. Vernie A. Robles, GC III</p> <p>69. Juvy Gianan, GC III</p> <p>70. Salvador Flores, GC Designate</p>

Working Committee

Resource Speaker	Mariflor Gatchalian, PAP
Facilitators	1. Mary Grace De Jesus

	2. Hilario Olivo 3. Josefina Marabe 4. Marife B. Brequillo 5. Anavel Joson 6. Teresa A. Buena 7. Zeferino Arroyo 8. Nerissa M. Beatriz
Secretariat	Eva Cariño
Overall Program Manager/ Safety Officer	Maria Audrea L. Vivo

Psychological First Aid Training

January 13-15, 2020

ARDCI Corporate Inn

Program of Activities

Day 0		
Time	Activity	In-charge
02:00 pm	Leveling Off of Facilitators	
06:00 pm	Dinner	
Day 1		
08:00 - 08:30	Opening Preliminaries	PFA Facilitators
08:30 - 12:00	PFA Overview	Resource Speaker, PAP
12:00 - 01:00	Lunch Break	
01:00 - 01:30	Preliminary activity for Module 1	PFA Facilitators
01:30 - 05:00	Module 1	
Day 2		
08:00 - 08:30	Recap	Participants
08:30 - 09:00	Preliminary activity for Module 2	PFA Facilitators
09:00 - 12:00	Module 2	
12:00 - 01:00	Lunch Break	
01:00 - 01:30	Preliminary activity for Module 3	PFA Facilitators
01:30 - 05:00	Module 3	
Day 3		
08:00 - 08:30	Recap	Participants
08:30 - 09:00	Preliminary activity for Module 4	PFA Facilitators
09:00 - 12:00	Module 4	
12:00 - 01:00	Lunch	
01:00 - 03:00	Reframing Activity	PFA Facilitators
03:00 - 04:00	Closing Program	